



Lower Park School

# Lower Park

## Lower Park Beacon

Issue 504  
Fri 10th May 2019

Dear Parents,

### Plant Sale - TOMORROW MORNING



The weather forecast is dry for tomorrow morning so please come along in your car and help us deliver the plants to Poynton homes.

The plants will arrive early at around 7.00am and will be ready to collect and deliver from 8.00am throughout the morning. The more helpers we have, the quicker we will have them all delivered safely.

Just come along to Hazelbadge Road and you'll be helped in knowing what to do and where to deliver, if you are not sure.

Everyone will be extremely grateful for your help.

### Summer Fair



It has come round again! Unbelievably, we only have four school weeks until the fair. To get things underway, we have two dressing down days before half term and two afterwards. The dressing down days are a big ingredient in making a successful fair and we ask parents to help us on the next four school Fridays. We have tried to make the appeals as easy as possible for parents to support and here are the dates and details:

Friday 17<sup>th</sup> May: Children can bring in £1.00 to wear their brightest T-

shirt for 'Loud T-Shirt Day.' The £1.00 should be given to the class teacher at registration time.

Friday 24<sup>th</sup> May: Children can bring in a bottle for our adult bottle tombola in return for wearing their own choice of clothing. Please ensure that the bottles are safely transported to school and they will be collected at the gate. The bottle donations can be any type of drink that encourages visitors to buy a ticket, but wine and spirits are always a big attraction.

Friday 14<sup>th</sup> June: Children are asked to donate a jar filled with sweets, toys or other friendly surprises in return for dressing up as their favourite sports star.

Friday 21<sup>st</sup> June: The PTA would value donations of cakes (especially home-made), biscuits and chocolate in return for wearing silly socks and having crazy hair.

As ever, any donations of unused toys suitable for our children's tombola would be greatly appreciated.

### Selection Honours for Hatty & Bobby



Two more of our children have been selected in sport to compete at a high level.

Harriet P has been selected to play cricket for Cheshire Under 11's this summer. There will be a number of matches to be played around the country. Well done Hatty!

Bobby K has been selected by Manchester City Football Academy to represent their football club in an international tournament in Germany. It will be a wonderful experience for Bobby – well done!

### Lotto Results - April



This lotto winners for April were:-

- 1st Mr Coulson
- 2nd Jo Killgallon
- 3rd Leanne Peasnell

Obviously, the winner this month is very pleased!!!

### Reminders

#### School Council Raffle



#### An Appeal for Prizes

*The School Council Executive would like to thank you for the first few prizes that have been sent in for the School Council Sensory Garden Raffle.*

*The prizes sent in so far are superb. We still would like more so we can sell more tickets and raise more money for our sensory garden.*

If you have any prizes that are suitable for children (4 years to 11 years), please send them into the school office

### Music Lessons Next Week



Due to SATs taking place in the school hall, there will be no violin lessons next week. Mr Parkinson will be teaching drums during Monday afternoon. Mr Longson will notify children about lessons that may take place on Tuesday afternoon and Mrs

Marley will teach during the afternoons and they will let you know.

### Healthy Schools Healthy Snack Suggestions



As part of one of our current main priorities, 'Healthy Bodies, Healthy Minds and Healthy Attitudes' we have recently sent a reminder that the school operates a healthy snacks policy.

Children in EYFS and Key Stage 1 have access to fruit and vegetables, daily, for their snacks. However, we do ask that the children in Key Stage 2 bring in a healthy option, if they are not accessing the available snack bar at playtimes should they require a snack.



Fresh fruit and vegetables are always a great choice. But sometimes our children want other types of snacks, especially those

in packages!

So to help parents out, here is a list of low calorie snacks suggested by the NHS programme 'Change for Life.' They suggest to look for '100kcal, two a day max'.

It's to help you make quick decisions on packaged snacks when faced with lots of choice. It's not about calorie counting for the children.

Here are some ideas they suggest on their website:

- Malt loaf slice
- Lower-fat, lower-sugar fromage frais (some flavours include strawberry, raspberry, banana, apricot)
- Fresh or tinned fruit salad
- Chopped vegetables and lower-fat hummus
- Plain rice cakes or crackers with lower-fat cheese

- Sugar-free jelly
- One crumpet
- One scotch pancake

Remember to always check the label as products may vary.

Here is also a link to the 'Change for Life' healthy lunch boxes page, where you can get great tips for interesting lunches if you want to vary things for your children's midday meals.

Please note that, although nuts are a healthy option for at home, **we are a nut free school.**

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

### Sugar Smart Booklet

To enhance our current theme of being healthy, younger children will today bring home with them a 'Change 4 Life' booklet about being sugar smart. There are activities for children to complete with you to bring the ideas to life.

### Midday Assistant Needed



We have need of another midday assistant. Our team of middays are highly valued in school. They meet regularly with me to discuss the lunchtime supervision and regularly meet for a meal in school.

If you are interested in joining the team of midday assistants, please contact the school office to find out more about it. We are interested in recruiting perhaps more than one midday who could work part or all of the week.

Contact;

[fave.peart@lowerpark.cheshire.sch.uk](mailto:fave.peart@lowerpark.cheshire.sch.uk) or ring the school office on 01625 872560

### Letters this Week

- To Year 6 from PHS re Menai
- To Years 3 & 4 regarding Stone Age Days in school

### This Week in School

- School opened again on Tuesday after the May Bank Holiday.
- Jacky Forster visited school on Thursday and looked around the classes to see the children at work. She was complementary about the school and the children.
- Today, the children were introduced to our new CCSOs Louise and Gary, who talked to the children about what their role was in Poynton

### Next Week in School

- Tomorrow morning we would really appreciate any help from parents in cars to help deliver plants to homes in Poynton.
- On Monday, the statutory tests (SATs) for Year 6 children begin.
- On Friday, children from Y3&4 will be taking part in a golf competition at Wilmslow High School.
- On Friday, Children from Year 5 & 6 will be taking part in a tennis competition.

### After-school activities taking place – week beginning Monday 13th May 2019

	On or Off?	Activity	Time	Yr Group	Venue	Organiser
Mon	ON	Tennis	8.00 – 8.45	KS2	Outside or Hall	Mr Cunha / Mr Atherfold
	ON	Drama club	3.30 – 5.00	KS2	Hall	Generate Theatre Arts Group
Tues	OFF (Sats)	Swing Band	8.00 – 8.50	KS2	Hall	Mr Coulson
	ON	Computing Club	3.15 – 4.15	Year 2	Miss Cork's class	Miss Cork
	ON	Football Squad	3.15-4.15	Y5&6	Outside	Mr Cunha
Weds	OFF	Netball	3.15 – 4.00	Y5 & 6	Outside	Mrs Chadwick
	ON	Choir	8.15 – 8.50	Y3 – Y6	Hall	Mrs Mellor
	ON	KS1 Choir	8.15 – 8.50	F & KS1	Mrs Cunha's class	Mrs Cunha
	ON	Football	3.45 – 4.15	KS1 & 2	Hall / outside	Les Clitheroe
	ON	Karate	4.45-5.45	KS2	KS2	Mr Cunha / Mr Ferris
Thurs	ON	Tennis	8.00 – 8.45	F&KS1	Outside or Hall	Mrs Cunha / Mr Atherfold
	OFF (Sats)	Swing Band	3.15 – 4.20	KS2	Hall	Ilam residential
	ON	Dodgeball	8.00 – 8.50	KS1	Hall	Miss Jones
	ON	Brass Band	3.15-4.00	KS2	Hall	Mr Longson

**Diary Dates for the Spring Term 2019**

<b>Date</b>	<b>Event</b>
SAT 11 May	Plant Sale – help needed delivering plants
Mon 13	KS2 SATs week
Fri 17	Year 5 / 6 to tennis competition.
Tues 21	School Health checks for Y6 & Rec. am
Thurs 23	New Intake meeting 7.00pm
Fri 24	School Closes for half term
Mon 10 June	School reopens at 8.50am
Mon 10 and week	Year 1 Phonics testing week.
Mon 10 & week	DT week
Mon 10	KS1 Assembly with the NSPCC 9.15 to 9.40
Mon 10	KS2 assembly with NSPCC 9.50 to 10.25
Tues 11	Pupil & Curriculum Committee at 6.30pm
Tues 11	Environment & Community Committee at 7.45pm
Tues 18	Personnel & Finance Gobs 6.00pm
Tues 18	Finance Gobs at 7.45pm
Weds 19 - 21	Y4 to Tattenhall visit
Weds 19 - 21	Y6 to Menai visit
Thurs 20	7.30pm PTA
SAT 22	Summer Fair 11.00 – 2.00
Mon 24	NSPCC workshops throughout the day
Mon 24	Parent Workshops NSPCC 2.15 – 3.15pm TBC
Mon 24	6.30pm Chairs of Gobs & 7.00 Full Gobs' meeting
Weds 26	Year 6 Swimming Assessment - afternoon
Weds 26	Singing Workshop for LKS2 at 1.30pm in hall
Thurs 27	NSPCC Enrichment day – all classes
Thurs 4 July	Freddy Fit Day
THURS 4	Disco KS1 & FS 6.00 / KS2 – 7.15pm
Fri 5	Families Day pm
Mon 8	Year 6 to PHS Induction Day
Thurs 11	New Cabaret Evening
Fri 12	Sports Day 1st try
Fri 12	Reports to Parents
Weds 17	5.30 – 7.30 Open Evening
Weds 17	7.30pm Music Concert
Fri 19	Reserved in case of rearranged Sports Day
Mon or Tues 22/3	9.00am Children to new classes TBC
Tues 23	Bikeability Y4 & 6
Tues 23	7.15pm Year 6 Prom
Weds 24	Bikeability Y4 & 6
Fri 26	Leavers' Service at 10.00am
Fri 26	School closes for summer hols
Mon 2 September	INSET Day
Tues 3	School Opens for Autumn Term

*Further activities are being planned for this term and will be added to the list above  
Every effort will be made not to change dates however, if necessary any changes/ additions are highlighted.  
TBC means To be confirmed. TBF means To be Finalised.*

**School Calendar Dates 2018 – 2019**

**SCHOOL CLOSES**

**SCHOOL OPENS**

May Day 2019

Summer Half Term 2019

Summer 2019

Monday 6th May

Friday 24th May

Friday 26th July

Monday 10th June

INSET DAYS: Monday 29<sup>th</sup> July 2019, Tuesday 30<sup>th</sup> July 2019

## School Calendar Dates 2019 – 2020

### SCHOOL CLOSES

Autumn Half Term	Friday 25th October
Christmas 2019/20	Friday 20th December
Spring Half Term 2020	Friday 14th February
Easter 2020	Friday 3rd April
May Day 2020	Monday 4th May
Summer Half Term 2020	Friday 22nd May
Summer 2020	Wednesday 22nd July

### SCHOOL OPENS

Tuesday 3rd September
Tuesday 5th November
Monday 6th January 2020
Monday 24th February
Monday 20th April
Monday 8th June

INSET DAYS: Monday 2nd September 2019, Monday 4<sup>th</sup> November 2019, Thursday 23<sup>rd</sup>, Friday 24<sup>th</sup> and Monday 27<sup>th</sup> July 2020

**If you would like to join our email distribution list and receive the Lower Park Beacon by email, you need to inform me of your email address. Your email address will not appear when the Beacon is delivered and it is protected by the data protection policy here in school. So why not join our growing number of parents receiving email Beacons? Just write to me via email. My email address is: [head@lowerpark.cheshire.sch.uk](mailto:head@lowerpark.cheshire.sch.uk)**

*The Lower Park Beacon is also available to read on our School Website at: [www.lowerpark.cheshire.sch.uk](http://www.lowerpark.cheshire.sch.uk)*

**Kind regards Ian G Coulson and the Staff at Lower Park**

## My School Lunch Menu

Week commencing 13<sup>th</sup> May

School Meals are free for Reception & KS1 and £2.35 for a larger portion in KS2

Please pay online at [www.schoolmoney.co.uk](http://www.schoolmoney.co.uk)

Please choose one item from each section and remember to indicate which filling you would like for your sandwich/potato

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Name	Name	Name	Name	Name
(v) Pizza & Potato Wedges	Chinese style Chicken Curry with Rice	(v) Vegetarian Sausage Roll with Mash	Roast Turkey, Stuffing, Gravy with Roast Potatoes or Cheesy Pots	Sausage, Scrambled Egg and Hash Brown
Tuna Pasta Jumble	(v) Vegetarian Parcel & Sauté Potatoes	Tomato Pasta Bake (v)	Quorn fillet, Stuffing, Gravy with Roast Potatoes (v)	Harry Ramsden Battered Fish Fillet & Chips
Jacket Potato with	Jacket Potato with	Jacket Potato with	Roast Turkey Baguette	Jacket Potato with
Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Quorn Baguette (v)	Tuna <input type="checkbox"/>
(v)Beans <input type="checkbox"/>	(v)Beans <input type="checkbox"/>	(v)Beans <input type="checkbox"/>	Jacket Potato with	(v)Beans <input type="checkbox"/>
(v)Cheese <input type="checkbox"/>	(v)Cheese <input type="checkbox"/>	(v)Cheese <input type="checkbox"/>	Tuna <input type="checkbox"/>	(v)Cheese <input type="checkbox"/>
Sandwich filled with	Baguette filled with	Wrap filled with	(v)Beans <input type="checkbox"/>	Sandwich filled with
Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	Tuna <input type="checkbox"/>	(v)Cheese <input type="checkbox"/>	Tuna <input type="checkbox"/>
Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Ham <input type="checkbox"/>	Sandwich filled with	Ham <input type="checkbox"/>
(v)Cheese <input type="checkbox"/>	(v)Cheese <input type="checkbox"/>	(v)Cheese <input type="checkbox"/>	Tuna <input type="checkbox"/>	(v)Cheese <input type="checkbox"/>
Green Beans, Sweetcorn, Salad Bar	Cauliflower, Peas, Salad Bar	Carrots, Broccoli, Salad Bar	Ham <input type="checkbox"/>	Baked Beans, Sweetcorn, Salad Bar
		Carrot & Pineapple Cake	(v)Cheese <input type="checkbox"/>	
	Flapjack Slice	Seasonal Fruit Platter	Mixed Vegetables, Salad Bar	
Cocoa Brownie	Seasonal Fruit Platter	Yoghurt	Vanilla Ice-Cream with Fruit Coulis	Tangy Lemon Muffin
Seasonal Fruit Platter			Seasonal Fruit Platter	Seasonal Fruit Platter

Available daily - Milk, Fruit Juice, Bread Basket. Accompaniments will be available.

All fish products are sourced from sustainable fisheries. Fresh meat supplied by local butchers.

Potatoes, vegetables and milk are sourced locally when in season.

