



Lower Park
School

Lower Park

Lower Park Beacon

Issue
506
Fri 24th
May
2019

Dear Parents,
I would like to start this week's Beacon newsletter with a warm welcome to our new September intake parents who are receiving their first edition. We hope you will enjoy the next seven years as a Lower Park parent and share in the opportunities and the extra-life of the school. Please support all our PTA events, as you are now members. We hope that the meeting with you last night was informative and that it provided you with all the information you need for your child's induction into 'Big School.'

Lower Park Back in the Stone Age This Week

What an experience for our LKS2 children to experience life as cave dwellers in the Stone-Age. The children had a fantastic opportunity to make fire lamps, fat lamps, arrow heads, necklaces, flat bread, cheese and jam. The children also were able to handle 'all things fur.' All this in addition to the drama workshops. The children learned about the three ages within the Stone Age and how long each one was. They have really learned so much about this period in history and have been buzzing with the excitement of it all.



School Council Raffle

The school council completed their draw today and there was a wealth of prizes for the children to choose from. The sought after prize was an enormous teddy bear which was almost the size of our reception children. It was won by Danny H. Well done to the school council for organizing this fund raising event to

help fund our sensory garden, and in particular to Peggy J, Isla O, Pippa B, Katie T and Georgia H. The raffle raised a wonderful £148.75 which will be added to the fund to build our sensory garden. This was a superb effort by our school council following weeks of discussion – well done!

A Sporting Week!

This week we have had several sporting events for the children to enjoy. Here are the reports:

A busy fortnight of sporting events started last Thursday morning with the year 3s and 4s taking part in a golf competition at Wilmslow High School. The children played well with the putters and chippers but unfortunately finished outside of the top 3.



In the afternoon another group of Year 3s and 4s attended Poynton tennis club. In the scorching heat, there were plenty of smashes and volleys with one of the four teams representing the school, winning through to the final at Prestbury in June.

On Friday, it was the Year 5s and 6s turn and once again Lower Park successfully made it through to the next round.



This week, the sporting theme continued with a cup match against Torkington Primary School. On

Tuesday, despite excellent performances from Isaac R and Jack G it wasn't quite enough to send LP through and unfortunately we are now out of the SSP cup.

On Wednesday a group of 8 children from Year 5 and 6 went to Macclesfield CC for a Kwik Cricket competition in which LP finished joint 1st, winning 3 out of their 4 matches.



Finally, yesterday 24 children from the KS2 classes went to Fallibroome High School for an excellent orienteering competition.

Well done to all the children who took part in the above sporting events. As always you were amazing representatives of the school and excellent sportspeople - enjoy your well-earned rest!

NSPPC Project



As you know, a main priority for us this year is Healthy Minds, Healthy Bodies, Healthy Attitude. On the first day back we begin a project with the NSPPC called 'Speak Out, Stay Safe.' It is linked to the safeguarding of children and has been rolled out in many schools. There will be assemblies, workshops and a parents' workshop – all part of the project.

I have attached a letter to explain it more fully with links to further information. Please contact us if you have any further questions.

Dressing Down Days



Thank you for the many bottles that were donated for the adult tombola today. The children enjoyed their non-uniform opportunity. On the first Friday after half term, Friday 14th June, children are asked to donate a jar filled with wrapped sweets, toys or other friendly surprises in return for dressing up as their favourite sports star. We will probably have more football shirts, but all will be for a good cause.

Now VERY Important! Midday Assistant Needed



Very soon we will be losing another midday assistant as Mrs Alvey leaves to have her baby. We wish her all the best.

This will leave us short of staff to supervise the children during the lunchtime break. We are advertising locally but would VERY much like to receive applications from our parent body.

If you can manage just one or two days each week, it would be really appreciated by us all.

If you are interested in joining the team of midday assistants, please contact the school office to find out more about it. We are interested in recruiting perhaps more than one midday who could work part or all of the week.

Contact;

faye.pearl@lowerpark.cheshire.sch.uk or ring the school office on 01625 872560

Commendation Awards

Commendation Awards are presented to children on Mondays in assembly. The staff, including midday assistants, nominate children (one from each class and one from the midday assistants) each week and they receive a commendation badge. They also receive a certificate which is displayed on the internal noticeboard outside my room. After a week, the certificates are given to the children to bring home to keep.

They are used to promote exceptional attitude, approach to work, exceptional kindness, behaviour, helpfulness, consideration and attitude. This week, the theme for the commendation awards was for a variety of reasons.



This week's winners were:

Austin C, Ambar G, Theo S, Jacob R, Grace A, Amber K, Kamran M and Mia N.

Well done to all those children.

Lotto Results for May



The winners for the month of May were:-

1st Odette Steele
2nd Pip Langdon
3rd Jayne Macfarlane

Dodgeball may be back

It was the last session of our dodgeball club this morning, which has been really popular with our KS1 children. Hopefully Miss Jones and the club will be back after October half term.

Computer Club may be back too

The last after-school computer club took place this week. It may return in the autumn term. Thanks to Miss Cork for running this club.

Reminders

Final School Fair Dressing Down Day

Friday 21st June: The PTA would value donations of cakes (especially home-made), biscuits and chocolate in return for wearing silly socks and having crazy hair.

As ever, any donations of unused toys suitable for our children's tombola would be greatly appreciated



As part of one of our current main priorities, 'Healthy Bodies, Healthy Minds and Healthy Attitudes' we have recently sent a reminder that the school operates a healthy snacks policy.

Children in EYFS and Key Stage 1 have access to fruit and vegetables, daily, for their snacks. However, we do ask that the children in Key Stage 2 bring in a healthy option, if they are not accessing the available snack bar at playtimes should they require a snack.

Fresh fruit and vegetables are always a great choice. But sometimes our children want other types of snacks, especially those in packages!

To help parents out, here is a list of low calorie snacks suggested by the NHS programme 'Change for Life.' They suggest to look for '100kcal, two a day max'.

It's to help you make quick decisions on packaged snacks when faced with lots of choice. It's not about calorie counting for the children.

Here are some ideas they suggest on their website:

- Malt loaf slice
- Lower-fat, lower-sugar fromage frais (some flavours include strawberry, raspberry, banana, apricot)
- Fresh or tinned fruit salad
- Chopped vegetables and lower-fat hummus
- Plain rice cakes or crackers with lower-fat cheese
- Sugar-free jelly
- One crumpet
- One scotch pancake

Remember to always check the label as products may vary.

Here is also a link to the 'Change for Life' healthy lunch boxes page, where you can get great tips for interesting lunches if you want to vary things for your children's midday meals.

Please note that, although nuts are a healthy option for at home, **we are a nut free school.**

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

Letters this Week

- Email today with the Beacon re: Speak Out, Stay Safe project.

This Week in School

- The staff received training from an external maths consultant on Monday evening in preparation for launching our new maths scheme in September.
- School Health Checks were carried out on Tuesday.
- Some Year 5 & 6 children enjoyed taking part in a cricket competition at Macclesfield.
- Yesterday, some children from KS2 took part in orienteering at Fallibroome.

- Yesterday evening, parents of our new September intake children attended their first school meeting. Visits by the children will begin shortly after half term and the dates were given to parents.
- School closed at 3.15 today for the half-term holiday.

Next Week in School
W/B Monday 10th June

- When the children return after half term, our annual design technology challenge will begin. A secret at the moment, the Year 6 children will swing into action supporting all the other classes in the school.
- From Monday 10th June, children from Year 1 and some from Year 2 will take the phonics screening test in the week.
- There is a meeting of the Pupil and Curriculum and

Environment and Community governors' committees.

- On Thursday, some children from Year 6 will take part in the football tournament at MCFC.
- On Friday, the multi-sports after-school club for Years 1 to 4 begins again.

After-school activities taking place – week beginning Monday 10th June 2019

	<i>On or Off?</i>	<i>Activity</i>	<i>Time</i>	<i>Yr Group</i>	<i>Venue</i>	<i>Organiser</i>
Mon	ON	Tennis	8.00 – 8.45	KS2	Outside or Hall	Mr Cunha / Mr Atherfold
	ON	Drama club	3.30 – 5.00	KS2	Hall	Generate Theatre Arts Group
Tues	ON	Swing Band	8.00 – 8.50	KS2	Hall	Mr Coulson
	OFF	Computing Club	3.15 – 4.15	Year 2	Miss Cork's class	Miss Cork
	OFF(match on Weds)	Football Squad	3.15-4.15	Y5&6	Outside	Mr Cunha
	ON	Netball	3.15 – 4.00	Y5 & 6	Outside	Mrs Chadwick
Weds	ON	Choir	8.15 – 8.50	Y3 – Y6	Hall	Mrs Mellor
	ON	KS1 Choir	8.15 – 8.50	F & KS1	Mrs Cunha's class	Mrs Cunha
	ON	Football	3.45 – 4.15	KS1 & 2	Hall / outside	Les Clitheroe
	ON	Karate	4.45-5.45	KS2	KS2	Mr Cunha / Mr Ferris
Thurs	ON	Tennis	8.00 – 8.45	F&KS1	Outside or Hall	Mrs Cunha / Mr Atherfold
	OFF	Swing Band	3.15 – 4.20	KS2	Hall	Ilam residential
Fri	ON	Multi Sports	3.30 – 4.30	Y1 - Y4	Hall	Mr Cunha
	ON	Brass Band	3.15-4.00	KS2	Hall	Mr Longson

Diary Dates for the Spring Term 2019

Date	Event
Fri 24	School Closes for half term
Mon 10 June	School reopens at 8.50am
Mon 10 and week	Year 1 Phonics testing week.
Mon 10 & week	DT week
Mon 10	KS1 Assembly with the NSPCC 9.15 to 9.40
Mon 10	KS2 assembly with NSPCC 9.50 to 10.25
Tues 11	Pupil & Curriculum Committee at 6.30pm
Tues 11	Environment & Community Committee at 7.45pm
Fri 14	Dressing Down Day – Sweet Jars / sporting stars
Tues 18	Personnel & Finance Govs 6.00pm
Tues 18	Finance Govs at 7.45pm
Weds 19 - 21	Y4 to Tattenhall visit
Weds 19 - 21	Y6 to Menai visit
Thurs 20	7.30pm PTA
Fri 21	Dressing Down Day – Cakes, chocolate and biscuits / silly socks and mad hair
SAT 22	Summer Fair 11.00 – 2.00
Mon 24	NSPCC workshops throughout the day
Mon 24	Parent Workshops NSPCC 2.15 – 3.15pm TBC
Mon 24	6.30pm Chairs of Govs & 7.00 Full Govs' meeting
Weds 26	Year 6 Swimming Assessment - afternoon
Weds 26	Singing Workshop for LKS2 at 1.30pm in hall
Thurs 27	NSPCC Enrichment day – all classes
Thurs 4 July	Freddy Fit Day
THURS 4	Disco KS1 & FS 6.00 / KS2 – 7.15pm
Fri 5	Families Day pm
Mon 8	Year 6 to PHS Induction Day
Thurs 11	New Cabaret Evening at Poynton High School
Fri 12	Sports Day 1st try
Fri 12	Reports to Parents
Weds 17	5.30 – 7.30 Open Evening
Weds 17	7.30pm Music Concert
Fri 19	Reserved in case of rearranged Sports Day

Mon or Tues 22/3	9.00am Children to new classes TBC
Tues 23	Bikeability Y4 & 6
Tues 23	7.15pm Year 6 Prom
Weds 24	Bikeability Y4 & 6
Fri 26	Leavers' Service at 10.00am
Fri 26	School closes for summer hols
Mon 2 September	INSET Day
Tues 3	School Opens for Autumn Term

*Further activities are being planned for this term and will be added to the list above
Every effort will be made not to change dates however, if necessary any changes/ additions are highlighted.
TBC means To be confirmed. TBF means To be Finalised.*

School Calendar Dates 2018 – 2019

SCHOOL CLOSURES

SCHOOL OPENS

Summer Half Term 2019
Summer 2019

Friday 24th May
Friday 26th July

Monday 10th June

INSET DAYS: Monday 29th July 2019, Tuesday 30th July 2019

School Calendar Dates 2019 – 2020

SCHOOL CLOSURES

SCHOOL OPENS

Autumn Half Term
Christmas 2019/20
Spring Half Term 2020
Easter 2020
May Day 2020
Summer Half Term 2020
Summer 2020

Friday 25th October
Friday 20th December
Friday 14th February
Friday 3rd April
Monday 4th May
Friday 22nd May
Wednesday 22nd July

Tuesday 3rd September
Tuesday 5th November
Monday 6th January 2020
Monday 24th February
Monday 20th April

Monday 8th June

INSET DAYS: Monday 2nd September 2019, Monday 4th November 2019, Thursday 23rd, Friday 24th and Monday 27th July 2020

**If you would like to join our email distribution list and receive the Lower Park Beacon by email, you need to inform me of your email address. Your email address will not appear when the Beacon is delivered and it is protected by the data protection policy here in school. So why not join our growing number of parents receiving email Beacons? Just write to me via email. My email address is: head@lowerpark.cheshire.sch.uk
The Lower Park Beacon is also available to read on our School Website at: www.lowerpark.cheshire.sch.uk**

Kind regards Ian G Coulson and the Staff at Lower Park

My School Lunch Menu

Week commencing 10th June 2019

School Meals are free for Reception & KS1 and £2.35 for a larger portion in KS2

Please pay online at www.schoolmoney.co.uk

Please choose one item from each section and remember to indicate which filling you would like for your sandwich/potato

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Name	Name	Name	Name	Name
Cheesy Pasta Bake (v) Tuna Mayo & Salad in a Soft Tortilla Boat with Summer Coleslaw Jacket Potato with Tuna <input type="checkbox"/> (v)Beans <input type="checkbox"/> (v)Cheese <input type="checkbox"/> Baguette filled with Turkey <input type="checkbox"/> Cheese <input type="checkbox"/> Carrots, Peas, Salad Bar Apple Flapjack Seasonal Fruit Platter Yoghurt	Chicken Slider, Marinated Chicken fillet served in a Soft Bap with Sauté Potatoes Sweet & Sour Vegetables with Rice (v) Jacket Potato with Tuna <input type="checkbox"/> (v)Beans <input type="checkbox"/> (v)Cheese <input type="checkbox"/> Baguette filled with Tuna <input type="checkbox"/> Ham <input type="checkbox"/> Green Beans, Sweetcorn, Salad Bar Fruit Jelly with Ice-Cream Seasonal Fruit Platter	Cottage Pie (v) Cheese Ploughman's Toastie with Veg Sticks Jacket Potato with Tuna <input type="checkbox"/> (v)Beans <input type="checkbox"/> (v)Cheese <input type="checkbox"/> Wrap filled with Tuna <input type="checkbox"/> Ham <input type="checkbox"/> (v)Cheese <input type="checkbox"/> Broccoli, Carrots, Salad Bar Summer Shortbread with Fruit Chunk Seasonal Fruit Platter	Roast Turkey, Stuffing, Gravy with Roast Potatoes or Cheesy Pots Quorn fillet, Stuffing, Gravy with Roast Potatoes (v) Roast Turkey Baguette Quorn Baguette (v) Jacket Potato with Tuna <input type="checkbox"/> (v)Beans <input type="checkbox"/> (v)Cheese <input type="checkbox"/> Sandwich filled with Tuna <input type="checkbox"/> Ham <input type="checkbox"/> (v)Cheese <input type="checkbox"/> Mixed Vegetables, Salad Bar Chocolate Mandarin Puddle Cake Seasonal Fruit Platter Yoghurt	Sausage, Scrambled Egg and Hash Brown Harry Ramsden Battered Fish Fillet & Chips Jacket Potato with Tuna <input type="checkbox"/> (v)Beans <input type="checkbox"/> (v)Cheese <input type="checkbox"/> Sandwich filled with Tuna <input type="checkbox"/> Ham <input type="checkbox"/> (v)Cheese <input type="checkbox"/> Baked Beans, Peas, Salad Bar Frozen Yoghurt Ice-Cream Seasonal Fruit Platter

Available daily - Milk, Fruit Juice, Bread Basket. Accompaniments will be available.

All fish products are sourced from sustainable fisheries. Fresh meat supplied by local butchers.

Potatoes, vegetables and milk are sourced locally when in season.