

Lower Park News 27th September 2024

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The winning House this week is Blue House who may wear their own clothes to school on Monday.

Commendation Awards



Reception

What a fabulous week we have had in Reception! The children are wonderful and are impressing us daily with the steps they are taking in their learning. This week the children in Reception have been continuing to enjoy learning a new sound each day. They are working hard to practise carefully forming each letter-

remembering to always hold their pencil with the correct grip. The children have also begun to take part in word time sessions where they are learning to use the sounds they have learnt to read simple words.











Bonjour! Rébellion Chez les Crayons (The Day the Crayons Quit) has been used to celebrate European Languages Day this week. The children looked fabulous dressed in red, white and blue - thank you for your support. Madame Munum led a workshop to introduce the story to the children. The children have used the book as a stimulus to learn the names of the colours through playing games, creating rainbows and flowers. A fun-filled day!



















In art this week, we thought about how people in the Stone Age would have painted in the dark caves all those years ago. The children sketched items by torchlight and thought about how to use the charcoal to create shadows and chalk to highlight. In English, we are learning more about the Windrush generation which is helping us add detail to our writing. Year 3 have also had their first Forest School session and as you can see from the photos, they really enjoyed themselves!















































UKS2

This week, our UKS2 celebrated World Languages Day with a special focus on French-speaking countries around the world. Each class explored a unique country, delving into both the language and the culture.

Year 5 took a trip to Madagascar through their art, drawing animals native to the island. Year 6 embraced the beauty of Haiti by creating natural art scenes on cards using leaves, inspired by the country's rich, creative heritage. Meanwhile, Year 5/6 children worked together to explore Belgium, learning about its arts, culture and history.

In all three classes, we also looked into the historical reasons why these countries speak French today, gaining a deeper understanding of how language connects cultures around the world. Our children were engaged, curious, and excited to discover more about the world they live in.

It was a fantastic afternoon of learning and creativity!



































Attendance - changes to National Guidance

We are extremely pleased that our whole school attendance is 97.6%. We thank you for your continued support of consistent attendance for the children of Lower Park School.

As you will have seen previously in the newsletter, there are some important changes to the National Guidance which will impact on our attendance policy.

Please see attached the one-page information sheet form Cheshire East. The main changes can be summarised as follows:

Increased fine for term-time holidays.

The fine will increase from £60 per parent to £80 per parent. If a pupil has 10 unauthorised (5days) absences within a 10-week rolling period, this will now be subject to an £80 fine.

Repeated instances

Please see the Penalty Notice leaflet from Cheshire East Council which details the increasing penalties for recurring breaches.

Please note Lower Park school does not issue these fines, nor do we benefit from them. The fines are issued and collected by the local authority.



Nut - free school

Please could we remind you all that we do have children with nut allergies; please be aware that we are a nut free school. Thank you for your consideration.

Autism Central Sessions for *OUR* Parents & Carers - First session 8th October

Autism Central are going to be running sessions for parents and carers of pupils across the Trust schools. These will take place once each term and are open to all parents and carers with children who are at any stage on the autism pathway from early signs right through to significant traits and EHCP level support.

These sessions will take place:

- Marlborough Primary School Tuesday 8th October 1.45 pm 3 pm
- Upton Priory Primary School Thursday 23rd January 9 am 11.30 am
 - Marlborough Primary School Thursday 24th April 1.45 pm 3 pm



EYFS Curriculum Evening

Parents of children who started in our Reception this month are invited to come into school on Wednesday 2nd October. From 6.40pm onwards, you will have the opportunity to see inside our Early Years classrooms and the meeting will begin at 7pm. The purpose of the meeting is to hear more about the curriculum, how you can help at home and then see a glimpse of the first four weeks of your child's

Harvest Festival



Harvest Festival - Tuesday 8th October 2024

Dear parent/carer(s),

We are pleased to share with you plans that we have in place to take all the children at Lower Park to St George's Church in Poynton to celebrate Harvest Festival on Tuesday 8th October 2024.

We have a strong connection with the church and have planned a service that we are sure the children will enjoy. In school, the children will be talking about harvest with their teachers and have been busy practising the songs that they will sing in church.

We plan to walk down to the church at approximately 9.30am for a 10am start. We anticipate that the service will last for approximately one hour and we will walk back to school for around 11.30am and in time for lunch.

Early next week, you will receive a survey via School Spider where you will be asked to give permission for your child to attend the church and to indicate whether you are able to support the visit by assisting in walking the church to/from the church.

In conjunction with St George's Church, we will be collecting donations for 'The Well Spring-Stockport'.

'The Wellspring supports the people of Stockport that are homeless or at risk of losing their home. They provide the resources, understanding, and care that they need inside the community that we all share.'

If you are able, we are sure that the charity would be very thankful of any donation that you are able to offer. If you would like to send a donation into school, we would kindly ask that you send these in on the morning of either Monday 7th or Tuesday 8th October. Can we ask that any items that you chose to donate are non-perishable goods.

With warm regards,

Mr Poole

Lost Property and 'New To You' uniform

We have a large rack of LP branded school uniform in the school hall. Please pop in before or after drop off and help yourself in return for a small donation. Lost property can only be returned to its owner if it is clearly labelled. **Please make sure all items are named**. Unnamed lost property will be distributed to the appropriate year groups and if not claimed, will be recycled.

Free School Meals

The Council provides two types of free school meals to children attending a school within Cheshire East:

Free school meals for infants (children in KS1) and Income related free school meals.

We suggest you do make a claim for free school meals even if your child is in key stage 1 as the school can claim additional funding (pupil premium) for new equipment and resources.

Please follow the link to check your eligibility.

https://www.cheshireeast.gov.uk/schools/school-meals/free_school_meals.aspx

Please let us know if you have been successful.

Parents Evening

Appointments for Parents Evenings on Tuesday 15th & Wednesday 16th October will be available to book from 6.30pm on Monday 30th September. Please look out for the link on School Spider.

PTA

Thank you for all the support at the doughnut sale this afternoon, we will let you know how much we raise next week - Enjoy!

Dates for the diary



Diary dates for Autumn 2024

Wednesday 2nd October - EYFS new intake parent meeting - 7pm- From 6.40pm in classroom

Tuesday 8th October - Harvest Festival - Please complete the survey open on School Spider to give your permission as without this , children will stay in school

Friday 11th October 9:00-9:20 – See my books(all parents/ carers are invited in to children's new classes)

Tuesday 15th October and Wednesday 16th October - Parents' evening

Friday 18th October Rock Kidz – anti-bullying workshops

Thursday 24th October - PTA Halloween Disco

Friday 26th October - School closes for Half Term

Thursday 7th November - PTA meeting 5.30pm

Monday 11th -22nd November – Swimming pool at school for two weeks

8th November - Sibling and individual photos

11th - 15th November - Anti-bullying Week

Saturday 30th November Christmas Fair

Thursday 5th December – Wreath Night

Friday 6th December - Freddie Fit

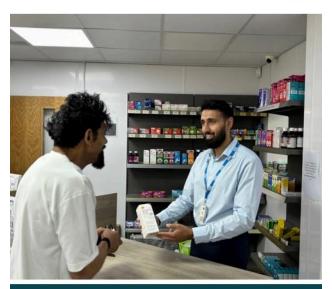
Monday 9th December - KS1 Pantomime - details to follow

19th December – KS2 Pantomime - available to pay on School Money now, full details emailed Tuesday 24th September

Community noticeboard

Leaflet from NHS on self help for winter illness





Help for common winter illnesses

nwas.nhs.uk

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As the colder months approach, common allments like sore throats, earaches, and rashes often follow.

When these issues arise, it can be challenging to know where to seek help, especially if it's not an emergency. This leaflet offers practical tips and advice on how to manage these minor health concerns on your own.

Sore throat

Sore throats are very common and usually, nothing to worry about. They normally get better by themselves within a week.

To help soothe a sore throat and shorten how long it lasts, you can:

- gargle warm, salty water (children should not try this)
- drink plenty of water
- eat cool or soft foods
- avoid smoking or smoky places
- suck ice cubes, ice lollies or hard sweets but do not give young children anything small and hard to suck because of the risk of choking
- try over-the-counter medicines like throat sprays or lozenges
- rest

Should your sore throat become worse, see your pharmacist or GP. But if you start to have trouble breathing or are unable to swallow, call 999 or go to A&E.



Earache

Earache and ear pain are common, particularly in young children. It can be painful but is not usually a sign of anything serious.

Do

- use painkillers, such as paracetamol or ibuprofen (some painkillers are not safe for everyone. Always check the leaflet or get medical advice before taking them)
- place a warm or cold flannel on the ear

Don't

- put anything inside your ear, such as cotton buds
- try to remove earwax
- let water get inside your ear

Rash

A skin rash occurs when the skin becomes red, inflamed and bumpy. Some skin rashes are dry and itchy. Some are painful. Many things can bring on a skin rash, including viruses, bacteria, allergens and skin conditions like eczema.

You might lower your chances of developing a skin rash if you:

- avoid known triggers, such as allergens and irritants
- don't share personal items or clothing with anyone who has a virus that
- use mild, fragrance-free, hypoallergenic soaps, cleansers and moisturisers
- wash your hands immediately after coming into contact with a known allergen or irritant

Rashes in babies and children can also appear often, and they're normally nothing to worry about. But as a parent, you know if your child seems seriously unwell and should trust your judgment. If your child develops a rash along with other symptoms such as a stiff neck, high temperature, or difficulty breathing, call 999 or go to A&E.



Further help

Scan the QR code for an A-Z list of ailments.

If you have tried these self-help tips and still require medical advice, but it is not an emergency, please try one of the below:



1. Pharmacy

Pharmacists are experts in medicines who can help you with minor health concerns. As qualified healthcare professionals, they can offer clinical advice and over-the-counter medicines for a range of minor illnesses, such as earache, colds, sore throats, rashes, tummy trouble and aches and pains. If you run out of prescription medicine and do not have a prescription, you can get an emergency supply from a pharmacy without a prescription. Take identification, an old prescription, or the medicine's packaging with you, if you have it.

2. NHS 111 online - 111.nhs.uk

Use the symptom checker, which can give you the right advice for your concerns. In some cases, 111 will be able to book an appointment for you $\,$ at urgent treatment centres, GP surgeries or pharmacies. By using the online service, you'll answer the same questions as you would over the phone, but without the wait time. If you require help for a child below the age of five, always call 111.

3. GP appointment

GP practices are available to assist you, whether this is face-to-face, a telephone call, or a video consultation. Please contact your practice by telephone or online.

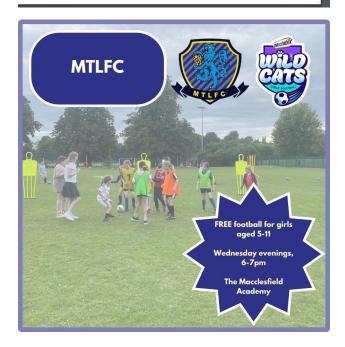
Need another format?

If you would like this information in an alternative language or format, such as easy-read or large print, please contact: communications@nwas.nhs.uk

nwas.nhs.uk









as part of our Space to Prosper Project

Come along and chat to one of our wellbeing workers for information, advice and support.

1st Thursday of each month (in term time) 10 am - 2 pm

Clay Coffee House, 22 Park Lane, Poynton, Cheshire, SK12 IRE

For information please email:

outreach@space4autism.org









Sleep Workshop

We aim to support you in understanding why your child may be struggling to sleep, possible causes of sleeping issues and importantly, what you can do to help your child and family to get better sleep.

Available to parents of children aged 8-16 who live within the old Borough of Macclesfield (including Wilmslow, Poynton and Knutsford)

All enquries to:

parenting@justdropin.co.uk



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Just Drop-In Youth Info & Advice Ltd Registered Charity No. 1081416 Registered Company No. 3884673 5 Brook Street, Macclesfield Cheshire, SK11 7AA Tel: 01625 665079 www.justdropin.co.uk

Sleep Workshop Parent Course - Macclesfield

For parents of children aged 8 - 16yrs old, living in the old Borough of Macclesfield.

Thursday 17th October 6pm - 7:30pm at Poynton Civic Centre

For all enquiries or to book a place, email: parenting@justdropin.co.uk







Community Trust





FREE POYNTON WEDNESDAY FOOTBALL SESSION



FOOTBALL IN A FUN, SAFE & RELAXED ENVIRONMENT

WHEN

WHERE

Barnaby Park, Barnaby Rd, Poy Stockport, SK12 1LR

CLICK HERE TO REGISTER YOUR CHILD TO THE SESSIONS

Get in Touch













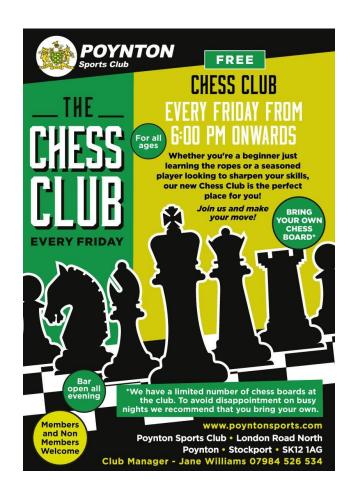
7:30PM for 8PM start £5 per ticket Poynton Legion Club SK12 1JY

Tickets are available from: Debbie @ The Hollies - debbie@hollies.org The Greener Grocer Hunnybuns













JOB VACANCY

Breakfast and afterschool club assistant The Hollies Pre-school, Poynton

Approx. 12.5 hours per week (shifts will cover breakfast club and some afterschool) 52- or 38-week contract

The Hollies is an OFSTED **Outstanding** pre-school, located in Poynton in the grounds of Lower Park School.

The vacancy
We are looking for a part-time breakfast club and afterschool club assistant to join our team.

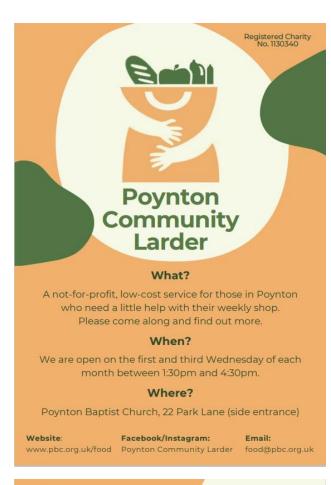
Your responsibilities will <u>include</u>; ensuring a safe environment for children attending breakfast and afterschool club, serving breakfast and providing stimulating activities for children aged 2 -10.

Salary details: dependant on qualifications

How to apply
Contact The Hollies' Manager, Debbie, via email (debbie@thehollies.org) or call Debbie on 01625 850176 to request an application form and job description or if we can help with any queries you have about the role.

Closing date for applications 14th October 2024.

Please note: We are committed to safer recruitment. Satisfactory references, evidence of the correct permission to work in the UK and an enhanced DBS Disclosure will be required before the successful applicants could take up the posts.





What is the Poynton Community Larder? We are a local service that supports those in our community who need a little extra help with their weekly shop. We also aim to reduce food waste.

Who provides this service?

Poynton Baptist Church with the help of other people and organisations in the area - see 'our Helping Heroes' on the back of this leaflet.

What do we provide?

When and Where are the Larder Days held?
We are open on the first and third Wednesday of each month between 1:30pm and 4:30pm at Poynton Baptist Church.

Any family, single person or couple living in Poynton who are struggling to meet increased living costs. Members can self-refer and are not means-tested.

HOW much does it cost?

We charge £4 per shop which entitiles customers to select 15 different items including fruit, vegetables and fresh bread, subject to availability. Currently we do not offer chilled or frozen food.

How can you help?

Volunteers

Volunteers are always welcome.
Please get in touch with us if you
think you might be interested in
joining the team.

Donations of food

Donations of food

We need supplies of tinned and packaged food, and hygiene products. If you can help by donating, please drop off flems at Poynton Baptist Church, or at Clay Coffee House which is open Wed dast from 830am-400pm.

Financial support
If you wish to make a financial donation, you can give through your bank as a one-off gift or standing order. Our bank details are below. Please reference your donation - FOOD.

Name: Poynton Baptist Church Sort-code: 08-92-99 Account Number: 65838440