

Lower Park News 4th October 2024

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The winning House this week is Blue House who may wear their own clothes to school on Monday.

Commendation Awards

Harry D	
Philippa R	
Leah D	
Evelyn C	
Joey C	
Bella M	
Max M	
Maddie A	
Isla A	
Arlo M	
Benji O	
Sophia S	

Reception

In Reception, we have been making links with our local community. We enjoyed a visit from Louise and Paul, Council Community Support Officers. The children enjoyed a "who we are and what we do" talk. In maths, we are learning to recognise and count different representations of numbers up to 5 and have used a five frame to help structure the counting and reasoning.



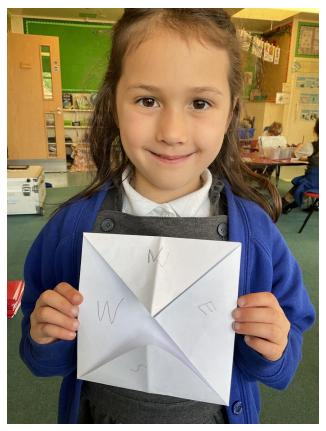






KS1

We have had another exciting week in KS1. In Geography we have been looking at our local area, Poynton. We have also been identifying human and physical features from many aerial views. This week, we learned about how a compass is an important tool for finding direction and it can help us find our way when using a map. By the end of the lesson, we were able to name and locate the four compass points in our classroom, we enjoyed singing our directions song to help us! We each made our very own compass and drew what we could see at each compass point.





The buzzword in Lower Key Stage 2 recently has been 'Rock'! The children have been busy exploring this theme across multiple subjects.

In Music, inspired by the Stone Age, the children have put their own spin on popular tunes. They wrote new lyrics to familiar melodies, creating fresh versions of songs like 'We Will Rock You'. Through this process, they experimented with simple rhythmic patterns, using pictures as cues to help them stay in time.

In art, they continued honing their skills with charcoal. Using materials such as willow charcoal, erasers, white chalk, and pastels, they explored various textures and effects. The children learned how handprints served as signatures in ancient cave paintings and practiced sketching rocks, shells, and fossils looking at texture and shading.

In Science, the children explored different types of rocks by observing their properties they then grouped them based on observable criteria.



























UKS2

On a wet Monday, UKS2 students took their tri-golf games indoors. The children practiced their putting skills, carefully navigating the limited space. The smooth floor presented a challenge, as the children had to control the foam balls with precision to avoid them rolling too far. Excitement filled the air as the students competed in friendly games, cheering each other on and adapting their techniques to the indoor setting. Despite the rain outside, the energy and enthusiasm indoors made for a fun and focused afternoon of tri-golf. In computing lessons the children have been using HTML to code their own webpages about the USA. With HTML, you can create a structured webpage by using tags to define headings, paragraphs, images, and links. The children started with the <h1> tag to create a bold heading, followed by tags to add text about the country's history, culture, and landmarks. Over the next few lessons we will be building a visually appealing, informative site that reflects our learning about USA from our Geography topic.





























Lacrosse Festival

you pick up the ball using the lacrosse stick . The final drill involved shooting practice . Once we had learnt lots of lacrosse skills, we played some matches. For these games we didn't play as a school, we were mixed up into 6 different teams . There were different schools there . At the end of the morning we were presented with a flier ,certificate and a sticker. It was a fun-filled morning!

By Alice, Chloe and Jessica R













Congratulations to Miss Cork and her gardeners!

A huge thank you to Miss Cork. Not only is she providing extremely popular Forest School sessions to all our children, she still has time to win awards! We have now achieved the RHS level 4 gardening award. Well done! Please don't forget to look out for the tokens in Tesco as we are hoping to win more funding to support this developing area.



Gold award for School Games!

We are delighted to announce that we, Lower Park, have achieved the School Games Gold LEVEL Mark Award for the 2023/24 academic year. The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success. We are extremely proud of our pupils for their dedication to all aspects of school sport, including those young volunteers, leaders and officials who made our competitions possible. As part of our application, we were asked to fulfil criteria in the areas of participation, competition, workforce and clubs, and we are pleased that the hard work of everyone at our school has been rewarded this year. A special thanks to: Mr Cunha and staff, the office ladies and parents/carers for all their support. Well done!

Attendance - changes to National Guidance

We are extremely pleased that our whole school attendance is 97.6%. We thank you for your continued support of consistent attendance for the children of Lower Park School.

As you will have seen previously in the newsletter, there are some important changes to the National Guidance which will impact on our attendance policy.

Please see attached the one-page information sheet form Cheshire East. The main changes can be summarised as follows:

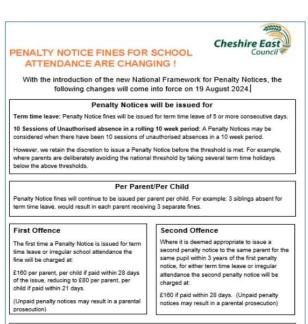
Increased fine for term-time holidays.

The fine will increase from £60 per parent to £80 per parent. If a pupil has 10 unauthorised (5days) absences within a 10-week rolling period, this will now be subject to an £80 fine.

Repeated instances

Please see the Penalty Notice leaflet from Cheshire East Council which details the increasing penalties for recurring breaches.

Please note Lower Park school does not issue these fines, nor do we benefit from them. The fines are issued and collected by the local authority.



Third Offence

On the third time that an offence is committed within 3 years of the first penalty notice for either a term time leave or irregular attendance a penalty notice will not be issued. The case may proceed to Parental Prosecution under the Single Justice Procedure. If found guilty of the offence of 'Failure to send a child to school' the Magistrates can impose a fine up to £1000 or legal proceedings under Section444 (1a) can include a fine of up to £2500.



OFFICIA

School Council

This week the newly appointed school council met for the first time. Congratulations to the children who received the most votes and also to all those who showed bravery and took part in the process. The school council has an important job as they represent the voice of all our children at Lower Park. The decisions they make have an impact on our whole school and are an excellent example of democracy.



KS1 Panto Cinderella

After the popularity of the travelling pantomime that have visited school for the past 2 years, we have rebooked them to perform their new show, 'Cinderella' for our younger pupils.

'Our Panto is filled with laughs, boos, lots of songs that will help tell the story, it is packed with traditional Panto fun and finishes with a good old sing-along.'

The price for the EY and KS1 pantomime is £5.80.

The school must confirm bookings and make payment in advance; therefore, we would ask for your contribution, via School Money, as soon as possible. The School make allowances for hardship. Please contact us in confidence if you need support.



Harvest Festival - Tuesday 8th October 2024

Dear parent/carer(s),

We are pleased to share with you plans that we have in place to take all the children at Lower Park to St George's Church in Poynton to celebrate Harvest Festival on Tuesday 8th October 2024.

We have a strong connection with the church and have planned a service that we are sure the children will enjoy. In school, the children will be talking about harvest with their teachers and have been busy practising the songs that they will sing in church.

We plan to walk down to the church at approximately 9.30am for a 10am start. We anticipate that the service will last for approximately one hour and we will walk back to school for around 11.30am and in time for lunch.

Early next week, you will receive a survey via School Spider where you will be asked to give permission for your child to attend the church and to indicate whether you are able to support the visit by assisting in walking the church to/from the church.

In conjunction with St George's Church, we will be collecting donations for 'The Well Spring-Stockport'.

'The Wellspring supports the people of Stockport that are homeless or at risk of losing their home. They provide the resources, understanding, and care that they need inside the community that we all share.'

If you are able, we are sure that the charity would be very thankful of any donation that you are able to offer. If you would like to send a donation into school, we would kindly ask that you send these in on the morning of either Monday 7th or Tuesday 8th October. Can we ask that any items that you chose to donate are non-perishable goods.

With warm regards,

Mr Poole

Photography Competition













Please email any entries FAO Miss Cork to admin@lowerpark.cheshire.sch.uk by 3rd November.

Good luck!

Lost Property and 'New To You' uniform

We have a large rack of LP branded school uniform in the school hall. Please pop in before or after drop off and help yourself in return for a small donation. Lost property can only be returned to its owner if it is clearly labelled. **Please make sure all items are named**. Unnamed lost property will be distributed to the appropriate year groups and if not claimed, will be recycled.

Free School Meals

The Council provides two types of free school meals to children attending a school within Cheshire East:

Free school meals for infants (children in KS1) and Income related free school meals.

We suggest you do make a claim for free school meals even if your child is in key stage 1 as the school can claim additional funding (pupil premium) for new equipment and resources.

Please follow the link to check your eligibility.

https://www.cheshireeast.gov.uk/schools/school-meals/free_school_meals.aspx

Please let us know if you have been successful.

Parents Evening

Appointments for Parents Evenings on Tuesday 15th & Wednesday 16th October are still available to book on School Spider.

Doughnuts

Thanks to everyone that bought a doughnut last week we raised £90. Huge apologies to anyone that missed out. We'll make sure to order lots more next time so we don't disappoint.

Halloween clothes sale

We're collecting your old and outgrown fancy dress (Halloween themed or otherwise) to sell in the playground on Thursday 17th October in time for the end of term disco (24th October) and any spooky events you might be going to over the half term so please leave anything you have in reception.

New intake meeting

Thanks to Amy Billing and Zöe Clark for meeting with the Reception parents on Wednesday to spread the good word of the PTA! Welcome and we hope to see you all soon

Night out!

Hopefully you all read the flyer we sent out in bags last week. We mentioned in there that we've organised to meet up at the Kingfisher at 8pm on Thursday 17th. It'd be great to see you there, don't worry you won't be press ganged into taking on a huge project or given a list of jobs, it's purely a social occasion!

Dates for the diary



Diary dates for Autumn 2024

Tuesday 8th October - Harvest Festival - Please complete the survey open on School Spider to give your permission as without this , children will stay in school

Friday 11th October 9:00-9:20 – See my books(all parents/ carers are invited in to children's new classes)

Tuesday 15th October and Wednesday 16th October - Parents' evening

Friday 18th October Rock Kidz – anti-bullying workshops

Thursday 24th October - PTA Halloween Disco - See details coming out on Monday

Friday 25th October - School closes for Half Term

Thursday 7th November - PTA meeting 5.30pm

Monday 11th -22nd November – Swimming pool at school for two weeks

8th November - Sibling and individual photos

11th - 15th November - Anti-bullying Week

Saturday 30th November Christmas Fair

Thursday 5th December – Wreath Night

Friday 6th December - Freddie Fit

Monday 9th December - KS1 Pantomime - available to pay on School Money now

19th December – KS2 Pantomime - available to pay on School Money now, full details emailed Tuesday 24th September

Community noticeboard

Autism Central Sessions for *OUR* Parents & Carers - First session 8th October

Autism Central are going to be running sessions for parents and carers of pupils across the Trust schools. These will take place once each term and are open to all parents and carers with children who are at any stage on the autism pathway from early signs right through to significant traits and EHCP level support.

These sessions will take place:

- Marlborough Primary School Tuesday 8th October 1.45 pm 3 pm
- Upton Priory Primary School Thursday 23rd January 9 am 11.30 am
- Marlborough Primary School Thursday 24th April 1.45 pm 3 pm







Where?

Marlborough Primary School – School Hall When?

1.45 pm - 3 pm on 8th October 2024

Parent/Carer Coffee Morning

As parents and carers of autistic children, young people, and adults, it can be hard to find help when you're trying to get the right support.

Autism Central aims to make it easier to learn more about autism and services available to you.

No diagnosis needed.

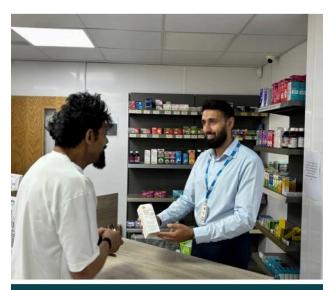
- Meet other parents
- ✓ Learn more about autism
- ✓ Ask any questions

Further information about Autism Central, can be found by accessing the following website: www.autismcentral.org.uk/hubs/north-west-delivered-great-minds-together



Leaflet from NHS on self help for winter illness





Help for common winter illnesses

nwas.nhs.uk f $\ensuremath{\text{@}}\ensuremath{\,\mathbb{X}}$ in

As the colder months approach, common allments like sore throats, earaches, and rashes often follow.

When these issues arise, it can be challenging to know where to seek help, especially if it's not an emergency. This leaflet offers practical tips and advice on how to manage these minor health concerns on your own.

Sore throat

Sore throats are very common and usually, nothing to worry about. They normally get better by themselves within a week.

To help soothe a sore throat and shorten how long it lasts, you can:

- gargle warm, salty water (children should not try this)
- drink plenty of water
- eat cool or soft foods
- avoid smoking or smoky places
- suck ice cubes, ice lollies or hard sweets but do not give young children anything small and hard to suck because of the risk of choking
- try over-the-counter medicines like throat sprays or lozenges
- rest

Should your sore throat become worse, see your pharmacist or GP. But if you start to have trouble breathing or are unable to swallow, call 999 or go to A&E.



Earache

Earache and ear pain are common, particularly in young children. It can be painful but is not usually a sign of anything serious.

Do

- use painkillers, such as paracetamol or ibuprofen (some painkillers are not safe for everyone. Always check the leaflet or get medical advice before taking them)
- place a warm or cold flannel on the ear

Don't

- put anything inside your ear, such as cotton buds
- try to remove earwax
- let water get inside your ear

Rash

A skin rash occurs when the skin becomes red, inflamed and bumpy. Some skin rashes are dry and itchy. Some are painful. Many things can bring on a skin rash, including viruses, bacteria, allergens and skin conditions like eczema.

You might lower your chances of developing a skin rash if you:

- avoid known triggers, such as allergens and irritants
- don't share personal items or clothing with anyone who has a virus that
- use mild, fragrance-free, hypoallergenic soaps, cleansers and moisturisers
- wash your hands immediately after coming into contact with a known allergen or irritant

Rashes in babies and children can also appear often, and they're normally nothing to worry about. But as a parent, you know if your child seems seriously unwell and should trust your judgment. If your child develops a rash along with other symptoms such as a stiff neck, high temperature, or difficulty breathing, call 999 or go to A&E.



Further help

Scan the QR code for an A-Z list of ailments.

If you have tried these self-help tips and still require medical advice, but it is not an emergency, please try one of the below:



1. Pharmacy

Pharmacists are experts in medicines who can help you with minor health concerns. As qualified healthcare professionals, they can offer clinical advice and over-the-counter medicines for a range of minor illnesses, such as earache, colds, sore throats, rashes, tummy trouble and aches and pains. If you run out of prescription medicine and do not have a prescription, you can get an emergency supply from a pharmacy without a prescription. Take identification, an old prescription, or the medicine's packaging with you, if you have it.

2. NHS 111 online - 111.nhs.uk

Use the symptom checker, which can give you the right advice for your concerns. In some cases, 111 will be able to book an appointment for you at urgent treatment centres, GP surgeries or pharmacies. By using the online service, you'll answer the same questions as you would over the phone, but without the wait time. If you require help for a child below the age of five, always call 111.

3. GP appointment

GP practices are available to assist you, whether this is face-to-face, a telephone call, or a video consultation. Please contact your practice by telephone or online.

Need another format?

If you would like this information in an alternative language or format, such as easy-read or large print, please contact: communications@nwas.nhs.uk

nwas.nhs.uk









as part of our Space to Prosper Project

Come along and chat to one of our wellbeing workers for information, advice and support.

1st Thursday of each month (in term time) 10 am - 2 pm

Clay Coffee House, 22 Park Lane, Poynton, Cheshire, SK12 IRE

For information please email:

outreach@space4autism.org









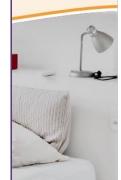
Sleep Workshop

We aim to support you in understanding why your child may be struggling to sleep, possible causes of sleeping issues and importantly, what you can do to help your child and family to get better sleep.

Available to parents of children aged 8-16 who live within the old Borough of Macclesfield (including Wilmslow, Poynton and Knutsford)

All enquries to:

parenting@justdropin.co.uk



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Just Drop-In Youth Info & Advice Ltd Registered Charity No. 1081416 Registered Company No. 3884673 5 Brook Street, Macclesfield Cheshire, SK11 7AA Tel: 01625 665079 www.justdropin.co.uk

Sleep Workshop Parent Course - Macclesfield

For parents of children aged 8 - 16yrs old, living in the old Borough of Macclesfield.

Thursday 17th October 6pm - 7:30pm at Poynton Civic Centre

For all enquiries or to book a place, email: parenting@justdropin.co.uk





7:30PM for 8PM start £5 per ticket Poynton Legion Club SK12 1JY

Tickets are available from: Debbie @ The Hollies - debbie@hollies.org The Greener Grocer Hunnybuns









JOB VACANCY

Breakfast and afterschool club assistant The Hollies Pre-school, Poynton

Approx. 12.5 hours per week (shifts will cover breakfast club and some afterschool) 52- or 38-week contract

The Hollies is an OFSTED **Outstanding** pre-school, located in Poynton in the grounds of Lower Park School.

The vacancy
We are looking for a part-time breakfast club and afterschool club assistant to join our team.

Your responsibilities will <u>include</u>; ensuring a safe environment for children attending breakfast and afterschool club, serving breakfast and providing stimulating activities for children aged 2 -10.

Salary details: dependant on qualifications

How to apply
Contact The Hollies' Manager, Debbie, via email (debbie@thehollies.org) or call Debbie on 01625 850176 to request an application form and job description or if we can help with any queries you have about the role.

Closing date for applications 14th October 2024.

Please note: We are committed to safer recruitment. Satisfactory references, evidence of the correct permission to work in the UK and an enhanced DBS Disclosure will be required before the successful applicants could take up the posts.









Are you looking for some new strategies for children aged between 5 and 12?

Facing Defiance



Six week course: 6 online Teach sessions (one hour on Sundays) plus applying the strategies at home during the week £72 (1 or 2 parents can attend)

for more info and to book info@facefamilyadvice.co.uk

Would you like to improve communication with your teen?

face2face



Get professional support to improve mutual understanding and respect Two Part online course £60 Young people do not have to appear or speak on camera

Advanced Communication Skills certificate for teens on completion of the course

for more info and to book facefamilyadvice.co.uk