

Curious
Responsible

Active
Respect

Creative
Brave



Lower Park School

Lower Park News 15th November 2024

[Contents:](#)

Winning House

Commendation Awards

Reception

KS1

LKS2

UKS2

PTA

Diary Dates

Community noticeboard

The winning house this week is Blue House who may wear their own clothes to school on Monday.

Anti-Bullying Week

This week has been Anti-Bullying Week, and the national theme was 'Choose Respect'. This aligns perfectly with our school values and the children have spent time discussing ways to identify bullying and strategies to overcome this. Before the half term, the children engaged with Rock Kidz workshops which also aided the children with the skills required to tackle potential bullying situations, we are sure the children will have lots of strategies moving forward and will be able to tell you all about their recent learning.

Commendation Awards

Lower Park Value Focus: Respect

Joey C

Robin LM

Vladimir B

India G

Matthew B

Una F

Angel C

Summer C

Logan W

Rory M

Alexander C

Reggie L

Eddie M

Star Writer Award

Thomas M

Oliver G

Madeleine W

Elizabeth TF

Una F

Oscar Pi

Luke M

Elsie K

Travis B

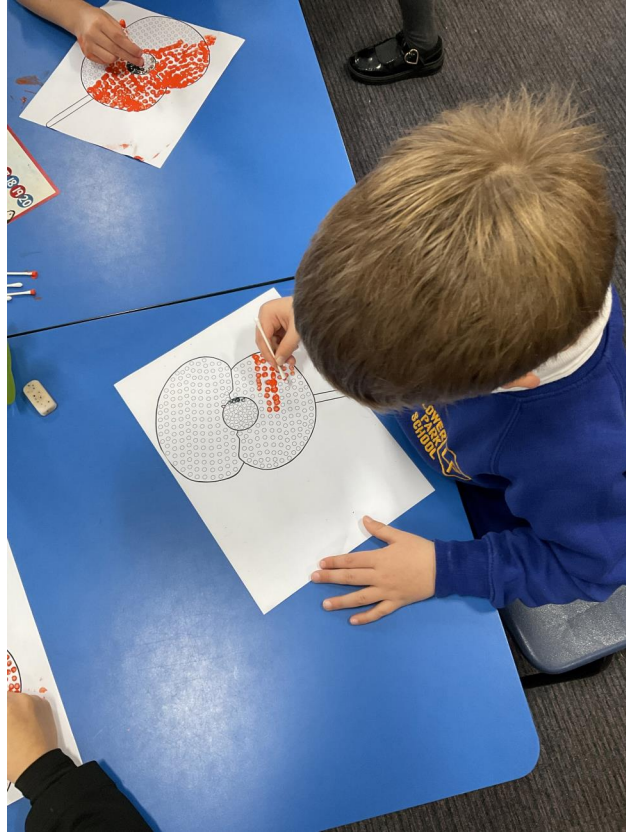
Marcel N

Reception

*Reception have had another busy week. We began by marking Remembrance Day by making poppies and joining the rest of the school in a special assembly. On Tuesday we talked about what choosing respect means for Anti-Bullying week and how we could show our friends respect. In Maths we are thinking about adding one more and had a great time trying different activities including a super fun outdoor activity where we went on a bus ride! After being introduced to our new text, *The Pirates Are Coming*, the children were curious to investigate our tuff tray for the week and there were excited shrieks to see what treasure was hiding in the chest.*





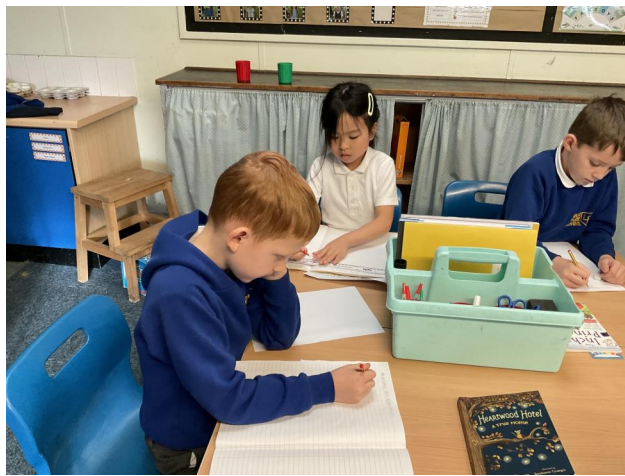


KS1

We began our week in KS1 looking at Remembrance on Monday. We had a very special Remembrance assembly which we all enjoyed. We continued our learning in History where we created our own poppies. In DT we looked at how to use different fabrics to create the hair of our fabric faces. We chose to use felt and wool and we created some great hairstyles!

LKS2

What another busy week in LKS2! Our new, exciting story is called "Stone Age Boy". We have been practising writing speech using speech marks and writing descriptions that use comparative language. Our new DT topic has started, and we are looking forward to sewing our own drawstring bags.





UKS2

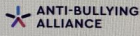
As part of our ongoing work in PSHE, this week, the children have been engaged in a variety of activities centered around the important theme of Anti-Bullying Week: 'Choose Respect.' Building on the success of our Anti-Bullying Rock Session before half term, we have continued with lessons that encourage understanding, kindness, and respect in every aspect of life.

The children participated in focused sessions on key topics, including cyberbullying, distinguishing banter from bullying, and exploring what it means to choose respect in all interactions. Inspired by this year's Anti-Bullying Week message—"From playgrounds to parliament, our homes to our phones, let's 'Choose Respect' and bring an end to bullying"—our pupils have reflected on the impact of their words and actions, both online and offline.

The children have been thoughtful and respectful throughout these sessions, actively discussing ways to create a kinder world. Anti-Bullying Week reminds us that the power to create positive change lies in our everyday choices. As we move forward, let's all remember to "Choose Respect."

WHY RESPECT MATTERS

- ➔ Why is it important to respect each other?
- ➔ How does respect help in making friends and solving problems?
- ➔ How does respect create a positive school environment?



Computer Safety - Cyber Bullying

BANTER VS BULLYING

Computer Safety - Cyber Bullying

Definition of Bullying: Bullying is a form of harassment that involves repeated, intentional acts of aggression or harm. It can be physical, verbal, or social. Bullying is often characterized by a power imbalance between the bully and the victim.

Types of Bullying: Physical, Verbal, Social, Cyberbullying.

Characteristics of Bullying: Repeated, Intentional, Power Imbalance, Aggression or Harm.

Effects of Bullying: Emotional distress, Anxiety, Depression, Low self-esteem, Academic difficulties, Social isolation, Physical health problems.

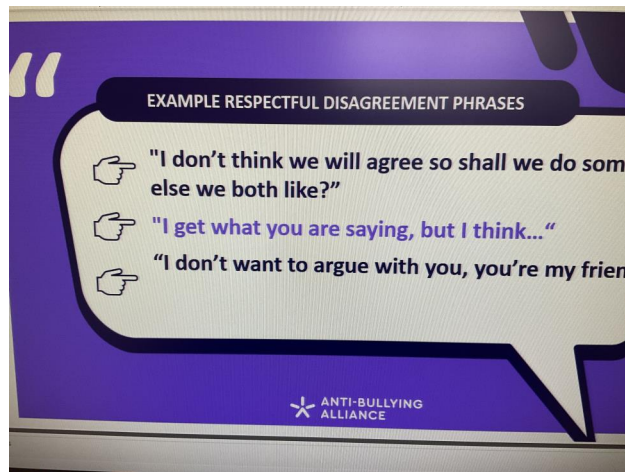
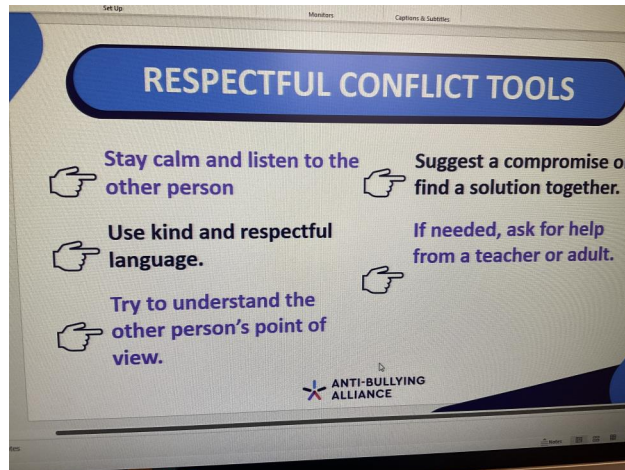
Prevention and Intervention: Establish clear rules and consequences, Promote a culture of respect and kindness, Encourage bystander intervention, Provide support for victims, Educate students about bullying.

Characteristics of Banter: Reciprocal, Not Intentional, No Power Imbalance, Not Repeated, Not Harmful.

Effects of Banter: Usually harmless, Can be fun, Does not cause emotional distress.

Prevention and Intervention: Encourage respectful communication, Address disrespectful behavior, Promote a positive school environment.

Key Differences: Bullying is one-sided and harmful, while banter is mutual and harmless. Bullying involves a power imbalance, while banter does not. Bullying is repeated, while banter is not.



Football Tournament

Lower Park girls' football team

Lower Park's girls football team recently played in a tournament against 4 other schools. We tried our best and it all paid off as we won 2 games and tied 2 of our other games. With three goals from Chloe , India scoring two , Alice with one , Jess scoring 2 and amazing playing from Bella , Holly and Isla. With a very close score, we were thrilled with the result as we came second. From the teenager helpers, one of us was awarded a medal for respect and teamwork.



Lost property

There has been a huge reduction in lost property and a huge thank you goes to our families but also to the team of Year 6 helpers who return named items on a daily basis. They take their responsibility very seriously; please support them to do their job.

Dear all parents,

We are the year six children who are responsible for looking after lost property. There have been many items of unnamed uniform, coats and water bottles in school recently. We try very hard to return items to the right children but please could we politely ask that you write a name and year group on your child's property. That would help us a lot.

Thank you,

Thomas, Elliott, Thomas and Jackson

Remembrance Day

The children at Lower Park School were in for a real treat on Monday when Mr. Schofield and Mrs. McFarlane performed some classic WW songs, including Pack Up Your Troubles and It's a Long Way to Tipperary. We truly are the luckiest school to have such talented staff members who bring history to life in such a fun and engaging way!



Bake Sale - Tuesday 26th November

A group of enthusiastic Year 4 children will be holding a bake sale for two important charities. They have organised everything themselves and shown great responsibility by making posters and preparing an assembly for the school.

See the poster for full details:



Photograph Proofs

The photograph proofs have come home today. Instructions for ordering are on the proof, orders may be made online or by returning completed orders to the school. All orders need to be handed in to school by 9.00am on Monday 25th November.

Christmas Fair, Saturday 30th November 12 - 3pm

Timings for the day

- *12:00 Doors open*
 - *12:30 Choir performance*
 - *13:00 Turkey bingo (round 1)*
 - *14:00 Turkey bingo (round 2)*
 - *14:30 Raffle draw*
-

Collections

Thank you all so much for your sweetie donations this morning, we really appreciate your generosity. Next week it's own clothes in exchange for a bottle for the adult tombola. If you're donating something from home can you please check that the contents is in date?!...we don't want any sickly elves in the run up to Christmas!

- *Friday 22nd November: own clothes in exchange for a bottle for the adult tombola*
 - *Friday 29th November: crazy hair &/or Christmas jumpers in exchange for cakes or £1 donation*
-

Helpers

The sign-up sheet for volunteers is now live so please follow the link below or scan the QR code on the posters to pick your slot. There's a lot of planning and preparation that we can do but none of it counts without your help on the day so please grab your best Santa hat, Christmas jumper or elf ears and come help us out!

[Lower Park Christmas Fair 2024 — Signup Sheet | SignUp.com](#)

Santa's Grotto

Bookings to visit Santa will be done online this year rather than via the school office. Please use the link below to select your preferred time. This is always a really popular part of the fair and is guaranteed to sell out so payment will need to be made directly to the PTA account when booking to secure your place. Please follow all instructions carefully to avoid any mix ups.

signup.com/go/hVGNofE

Raffle Tickets

An envelope with raffle tickets and details of all the prizes was sent to each household this afternoon so please check bags! If the lure of the fantastic prizes means that you'd like increase your chances and buy additional tickets (!) please just make your way to the office to ask for some more!



School Christmas Art Project

Gift your child's creativity
Raise money for your PTA/School
Support local business



Place your order online:
bollingtonprintshop.co.uk/christmasartproject

You will need your child's UNIQUE CODE

Product	Purchase Price
Small Square Christmas Cards with envelopes (12 Pack)	£6.00
Multipack discounts available	
Large Square Christmas Cards with envelopes (12 Pack)	£8.50
Multipack Discounts available	
Gift Wrap (12 Sheets)	£10.00
Gift Stickers (2 x sheets of 14 stickers)	£3.00
Thank You Postcards with envelopes (24 Pack)	£8.50
Standard mug	£8.50
Tote Bag	£8.50
Keyring	£3.00
Adult Long sleeve T-shirt	£15.00
Child's Long sleeve T-shirt	£10.00
Decoration	£7.50
Coaster	£5.00

Any queries please contact Bollington Printshop
Tel: 01625 574828
Email: vikki@bollingtonprintshop.co.uk

Lower Park School



Thursday 5th December 7pm

Lower Park School Hall

A fun filled evening led by a professional florist where you will create your very own Christmas masterpiece!

EARLY BIRD PRICE!!!

£40 per head until 15th November (Rising to £45 thereafter)

*This includes Mince pies but please **bring your own tippie!***

Buy your tickets from the school office

or email emmaadley@gmail.com

Friends and Family welcome

All proceeds go to the Lower Park School PTA Charity.

Dates for the diary



Diary dates for Autumn 2024

Monday 11th -22nd November – Swimming pool at school for two weeks

Friday 22nd November - Own clothes - PTA Collection of bottle for adult tombola

Monday 25th November - 9.00am Deadline for handing in photo orders

Friday 29th November - Crazy hair &/or Christmas Jumpers - PTA collection of cakes or £1 donation

Saturday 30th November Christmas Fair

Thursday 5th December – Wreath Night

Friday 6th December - Freddie Fit

Monday 9th December - FS & KS1 Pantomime - available to pay on School Money now

Wednesday 11th December - FS & KS1 Nativity afternoon performance

Thursday 12th December - FS & KS1 Nativity - Evening performance

Community noticeboard



NHS
Providing NHS services

No appointment necessary

Waiting for an appointment?

Did you know that your local Well Pharmacy can give you FREE confidential advice and treatments on the below conditions, without an appointment.

Choose Pharmacy first

- ✦ Urinary tract infection (UTI)*
- ✦ Sore throat
- ✦ Sinusitis
- ✦ Earache
- ✦ Impetigo
- ✦ Shingles
- ✦ Infected insect bites

Subject to eligibility, suitability and availability of a trained pharmacist, and at the professional discretion of the pharmacist. *UTI in women only.

+well Pharmacy

Space4Autism Drop In Poynton



as part of our Space to Prosper Project

Come along and chat to one of our wellbeing workers for information, advice and support.

**1st Thursday of each month (in term time)
10 am - 2 pm**

**Clay Coffee House,
22 Park Lane,
Poynton,
Cheshire,
SK12 1RE**

For information please email:
outreach@space4autism.org

Funded by



**Foster carers turn
children's lives
around - come and
foster with us**



If you are interested in a life-changing vocation and can provide a safe, loving home to a child in care, we'd love to hear from you.

**01527 834653
0333 0603 962
five-rivers.org**

Your local office: Unit 28 Basepoint Business Centre, Isidore Road, Bromsgrove, B60 3ET

Short term and long term foster carers needed. Highly competitive fostering allowance of up to £28,000 a year, tax-free, 24/7 support and specialist training. Potential to combine with full or part-time work.



POYNTON
Sports Club

FAMILY



5.30 - 7.30pm

Saturday 21st September
Saturday 19th October
Saturday 16th November

XMAS BINGO Saturday 14th December

EYES DOWN, LOOK IN!.....JOIN US FOR AN EXCITING EVENING OF BINGO

- PRIZES FOR ROWS, FULL HOUSE
- BAR OPEN ALL EVENING
- MEMBERS & NON MEMBERS WELCOME
- £2 PER PERSON (children under 5 are free)

TO BOOK A BINGO TABLE CONTACT
clubmanager@poyntonsports.com
or call 07984 526 534

CHEEKY SWINE HOG ROAST

- HOG ROAST BARM £7
- HOT DOG £4
- MEGA DOG £6
- BEEF BURGER £5
- PIZZA £10
- DIRTY FRIES £8

www.poyntonsports.com

Poynton Sports Club • London Road North
Poynton • Stockport • SK12 1AG

Club Manager - Jane Williams 07984 526 534





POYNTON
Sports Club

QUIZ!?! NIGHT!

Friday 27th September

Friday 15th November

**XMAS
QUIZ**

Friday 20th December

**7.30
pm**

JOIN US FOR A FUN NIGHT OF QUIZZING
MAX 6 PEOPLE PER TEAM (£3 per person)

GREAT PRIZES TO BE WON!

BAR OPEN ALL EVENING

MEMBERS AND

NON MEMBERS WELCOME



www.poyntonsports.com

Poynton Sports Club • London Road North

Poynton • Stockport • SK12 1AG

Club Manager - Jane Williams 07984 526 534

Registered Charity
No. 1130340



Poynton Community Larder

What?

A not-for-profit, low-cost service for those in Poynton who need a little help with their weekly shop. Please come along and find out more.

When?

We are open on the first and third Wednesday of each month between 1:30pm and 4:30pm.

Where?

Poynton Baptist Church, 22 Park Lane (side entrance)

Website:
www.pbc.org.uk/food

Facebook/Instagram:
Poynton Community Larder

Email:
food@pbc.org.uk

OUR HELPING HEROES

Poynton Community Larder wishes to thank the following for all their amazing donations of food and financial support:

- Poynton Town Council
- Cheshire East Council
- Worth Primary School
- Graham - Highway Engineering Co
- Hope Green Residential Home
- Aldi Community Donation Point
- Poynton Round Table
- Waitrose and Partners, Poynton - Give a Little Love Scheme
- Tesco Community Grant Scheme
- Churches Together in Poynton
- Galloways Printers Ltd



We are a member of the
Cheshire East Food
Alliance.

FIND OUT MORE

Website:
www.pbc.org.uk/food

Facebook:
Poynton Community Larder

Instagram:
Poynton Community Larder

Email:
food@pbc.org.uk

PBC Office Telephone No:
01625 859036



Poynton Community Larder



Bridging the gap

Registered Charity No. 1130340

What is the Poynton Community Larder?

We are a local service that supports those in our community who need a little extra help with their weekly shop. We also aim to reduce food waste.

Who provides this service?

Poynton Baptist Church with the help of other people and organisations in the area - see 'our Helping Heroes' on the back of this leaflet.

What do we provide?

We provide nutritious food, and hygiene products at a reduced cost. We also provide a not-for-profit and dignified shopping experience.

When and Where are the Larder Days held?

We are open on the first and third Wednesday of each month between 1:30pm and 4:30pm at Poynton Baptist Church.

Who can become a member of the Larder?

Any family, single person or couple living in Poynton who are struggling to meet increased living costs. Members can self-refer and are not means-tested.

How much does it cost?

We charge £4 per shop which entitles customers to select 15 different items including fruit, vegetables and fresh bread, subject to availability. Currently we do not offer chilled or frozen food.

How can you help?

Volunteers

Volunteers are always welcome. Please get in touch with us if you think you might be interested in joining the team.

Donations of food

We need supplies of tinned and packaged food, and hygiene products. If you can help by donating, please drop off items at Poynton Baptist Church, or at Clay Coffee House which is open Wed-Sat from 8.30am-4.00pm.

Financial support

If you wish to make a financial donation, you can give through your bank as a one-off gift or standing order. Our bank details are below. Please reference your donation - FOOD.

Name: Poynton Baptist Church
Sort-code: 08-92-99
Account Number: 65938440

Special Educational Needs and Disabilities (SEND)

North Local Offer Marketplace



For all parents/carers with children aged 0-25 who would like to find out more about our SEND Local Offer and how we can support you and your child. Drop in and meet with multiple agencies all in one place!



Oakenclough Family Hub

Colshaw Drive, Wilmslow
SK9 2PZ

Thursday 5th December 4pm-6pm

Education Psychologist
Cheshire and Merseyside ICB
0-19 SEND Health Visitor
Cheshire East Autism Team (CEAT)
Cheshire East SEND Team
Cheshire East SEND Transition Team
Cheshire East Parent/Carer Forum





OCT/NOV TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
Book online at facefamilyadvice.co.uk

FREE SESSIONS Introduction to Facing Defiance Decreasing Depression	24 OCT 25 NOV
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Improving Family Communication	4 NOV
Anxiety-Based School Avoidance	12 NOV
Anxiety Explained	14 NOV
Understanding Anger	18 NOV
Drug Awareness for Parents	19 NOV
Supporting Healthy Screen Use	21 NOV
What is ACT?	26 NOV
Understanding Addictive Behaviour	28 NOV
Understanding the Teenage Brain	2 DEC

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk



November 2024

Newsletter

Monday
25th Nov
19:00 - 20:00
FREE



FREE SESSION Decreasing Depression

A range of steps that can help to reduce the crippling impact of depression.

Thursday
7th Nov
19:00 - 21:00
£24



Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
12th Nov
19:00 - 21:00
£24



Anxiety-Based School Avoidance

Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

Monday
18th Nov
19:00 - 21:00
£24



Understanding Anger: Yours and Theirs!

What is anger? Why do we have it? How do we manage it in ourselves and in our children?

Thursday
21st Nov
19:00 - 21:00
£24



Supporting Healthy Screen Use

Clarifying the difference between healthy screen use and unhealthy screen use. Addressing concerns about blue light and sedentary behaviour.

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk



Winter Gift from FACE



Understanding the Teenage Brain

Watch the recording of Jane Keyworth delivering this online session (one hour 45 minutes) to parents in the UK

"We need every parent and teacher to attend this outstanding presentation. It provides a brilliant exposé of the challenges young people face as they develop from child to young adult. The presentation is very informative but also very accessible and entertaining. I cannot recommend this talk highly enough"

Mr Andrew Mead, Headteacher at Lytchett Minster, UK High school