

Curious  
Responsible



Active  
Respect



Creative  
Brave



# Lower Park School

## Lower Park News 21st March 2025

Contents:

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*Winning House*

*Commendation Awards*

*Star Writer Awards*

*Reception*

*KS1*

*LKS2*

*UKS2*

*Diary Dates*

*Community noticeboard*

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Winning House

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*The winning house this week is Red House who may wear their own clothes to school on Monday.*

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IMPORTANT Communication Update

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*Thank you to everyone who has signed up to the MCAS app. You should now all be receiving school communications via the app.*

*The next step will be to move to Bromcom payments for dinner money and this is planned to go live after Easter.*

*Menus will be available to pre select on the app from 31st March for the week following the Easter holiday, selections need to be finalised by 4th April and this process is applicable to the whole school. THIS WILL REPLACE THE SCHOOL SPIDER SURVEY FOR EYFS & KS1.*

*To ensure a smooth transition, we kindly ask that you review your accounts and ensure that any outstanding payments are settled by 4th April. This week, you will receive a reminder regarding any outstanding balances. We appreciate your prompt attention to this matter, as having a nil balance will greatly assist us in this important change.*

*Thank you all for your support and patience as we transition.*

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Commendation Awards

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*Maddy O*

*Jakob B*

*Alice K*

*Korby A*

*Seb B*

*Anna B*

*Eliza K*

*Robert H*

*Seb G*

*Una F*

*Benji O*

*Rae H*

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## Star Writer Award

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*Jamie S*

*Bella Mc*

*Max Q*

*Lottie B*

*Noa C*

*Finley T*

*Isaac F*

*Oliver S*

*Seb B*

*Evelyn T*

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## Reception

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*In Reception, we read 'Grandad's Farm' and discussed the jobs that need to be done on a farm. We then talked about the different times of the year which are important for farmers, such as harvest time or when it's time to sow seeds. We identified the changes on a farm during spring, summer, autumn and winter. In maths, we have been recognising, continuing and building simple patterns.*

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## KS1

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*In DT this week, the KS1 children have made some healthy fruit salads after learning about what foods are healthy for us. The children used many different fruits: blueberries, oranges, apples, melon and strawberries. They cut up the fruit independently and had lots of fun tasting their finished salads. Take a look at the pictures of us in action!*

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## LKS2

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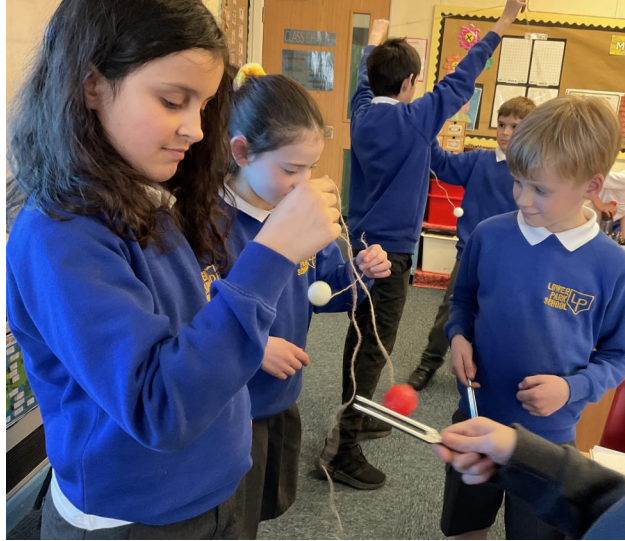
*This week, our Year 4 scientists have been exploring sound! The children investigated how sounds are created and discovered that many come from vibrations. One of the highlights was making rice jump on a drum—such a fun way to see sound waves in action! We also used a tuning fork to send water squirting out of a pot, which caused plenty of excitement!*

*In English, we've been diving deep into the world of blue whales, uncovering incredible facts to present our findings. A highlight was heading out onto the school field to measure the full length of a blue whale! The children were absolutely amazed to see just how enormous these gentle giants really are.*

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## UKS2

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*This week, our indoor PE lessons have focused on refining our straddle, forward, and backward rolls. We've been using momentum to enhance our movement and maintaining strong body tension to perfect our shapes. While the playground is being improved, we've swapped tennis lessons for rounders on the field. We've been working on our throwing and catching under pressure before applying these skills in a striking and fielding game.*

*In Computing, we've wrapped up filming our interviews with a famous person and are excited to edit and piece them together next week using the Clips app. Meanwhile, in English, we've been planning and writing our own versions of The Selfish Giant, incorporating fantastic descriptive features to bring our stories to life.*

*It's been a busy and creative week—well done, everyone!*

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## Planting Day 29th March - all invited

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*Please come along on Saturday 29th March from 9:30 am to plant a hedge sapling. This will mark the boundary of our Forest School. Please come along with your family to plant a tree and support this important step in our sustainability journey.*

*On the day, we were also going to use this opportunity for a 'spring clean' of our outdoor area. Please bring a garden rake and gardening gloves if you have them . Extra jobs for the day:*

*Raking leaves*

*Turning compost*

*Litter picking in forest area near the fence*

*Weeding the planters in the sensory garden*

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## KS2 Performance Bake Sale - next Thursday 27th March

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*We'd like to inform everyone that there will be a bake sale on Thursday 27th March. The Y6 choir members are helping to raise money for the permissions to perform our summer show. Cakes will be sold for 50p to £1, and there will be allergy free options, including gluten free, nut free and dairy free. The bake sale will take place in the school playground (or hall if necessary) during morning break.*

*We hope that your child/children have a tasty treat from our school bake sale to help support our school!*

*Thank you for reading!*

*Y6 choir*

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## PTA Update

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### ***Bag2School***

*We hope you've all been enjoying a good clear-out!*

*The Bag2School collection will take place this coming Wednesday, 26 March, 8am to 9am.  
Please do NOT return filled bags before or after this date.*

*If you can't fit everything in the bag provided, please just add your own bags too.*

### ***Plant Sale***

*Unfortunately, we were unable to secure a supplier this year. We apologise for the disappointment this may cause, but we will be back again in 2026!*

### ***Summer fair***

*We're still in need of volunteers to help us organise the Summer Fair on Saturday 28 June so whether you want to lead the event or are simply happy to be assigned tasks, please drop us an e-mail at [ptalowerpark@gmail.com](mailto:ptalowerpark@gmail.com) or chat to Shauna Silcock or Amy Billing in the playground.*

*Thanks!*

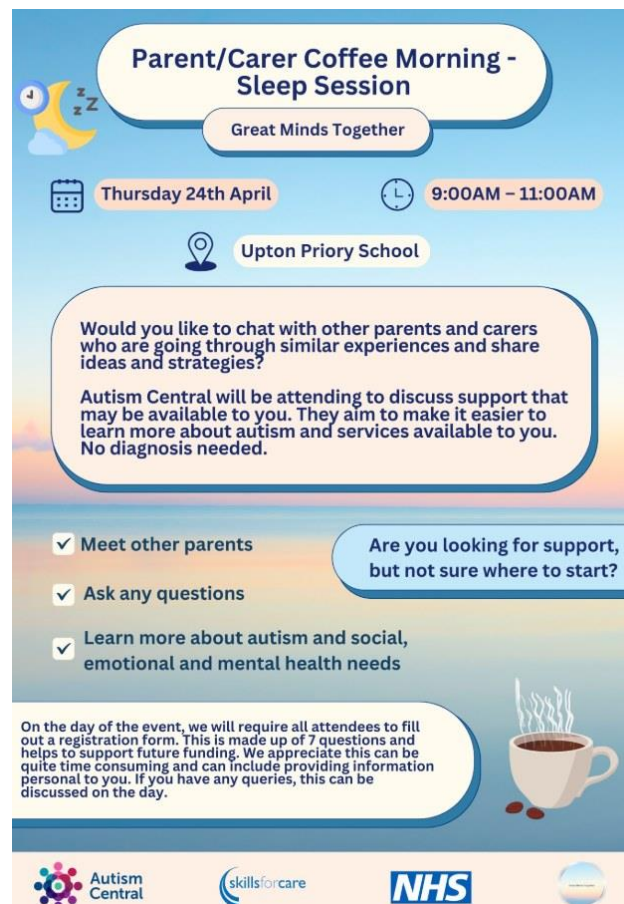
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## Autism Central

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*Following the success of recent workshops for parents, please can we draw your attention to this session, with a focus on sleep.*

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**Parent/Carer Coffee Morning - Sleep Session**  
Great Minds Together

Thursday 24th April 9:00AM - 11:00AM  
Upton Priory School

Would you like to chat with other parents and carers who are going through similar experiences and share ideas and strategies?  
Autism Central will be attending to discuss support that may be available to you. They aim to make it easier to learn more about autism and services available to you. No diagnosis needed.

- ✓ Meet other parents
- ✓ Ask any questions
- ✓ Learn more about autism and social, emotional and mental health needs

Are you looking for support, but not sure where to start?

On the day of the event, we will require all attendees to fill out a registration form. This is made up of 7 questions and helps to support future funding. We appreciate this can be quite time consuming and can include providing information personal to you. If you have any queries, this can be discussed on the day.

Autism Central skillsfor care NHS

## Lower Park After School Club - Year 2

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**Monday – Friday 3:20pm – 5:50pm - Summer Term - Year 2 places**

*If you are currently unable to secure a spot at the Hollies, or if your child would like to try an ad hoc session at the Lower Park after-school club, Year 2 children are now welcome to join us*

*For more information or to book a place on the day, please get in touch with [afterschoolclub@lowerpark.cheshire.sch.uk](mailto:afterschoolclub@lowerpark.cheshire.sch.uk)*

*Look out for the letter for more information about your September 2025, Year 3 place. Please complete this form to indicate your requirements. Note that this is not a guarantee of a place at this point. <https://forms.gle/nxmoMyT47cjPCn3x8>*

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## Living with Autism - free workshop for parents and Pre-recorded further sessions

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*Thursday 3rd April from 6pm - 7:30pm*

*Book in advance via the Visyon website: [https:// www.visyon.org.uk/parentwebinars](https://www.visyon.org.uk/parentwebinars)*

*Visyon are working in partnership with Space4Autism to offer a webinar for parents who want to understand more about living with autism. We have a guest speaker who is an autistic adult who will share his lived experience from childhood through to adulthood. The webinar is free of charge.*

### *Pre-recorded parent webinars*

*Visyon's pre-recorded Parent Webinars are intended to offer information and ideas to help you in supporting your child with understanding and managing their emotions and wellbeing. These are open to parents/carers or other interested family members living in Cheshire East. Please note that these webinars were created during the pandemic, the content however is still relevant.*

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- [\*understanding and managing anxiety\*](#)
- [\*understanding the teenage brain\*](#)
  - [\*managing big emotions\*](#)
- [\*building resilience and self esteem\*](#)
- [\*the science of sleep \(and tips to improve it\)\*](#)

- [family communication](#)
  - [sensory processing](#)
  - [supporting you child's wellbeing](#)
  - [supporting your child through exam stress](#)
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## Lower Park School Vision Survey

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*Thank you for those who have taken the time to participate in this survey. Your opinions are invaluable as we shape the future of Lower Park School over the next five years. This survey is designed to gather feedback on various areas of our school life based on our vision and mission. Your responses will help us ensure that we are meeting the needs of our children, families, and the wider community. The survey is anonymous, and your honesty is greatly appreciated*

[5 year Vision survey](#)

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Dates for the diary



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***Diary dates for Spring 2025***

*Wednesday 26th March - PTA Bag2school collection - see above*

*Saturday 29th March - Planting Day*

*Monday 31st March - Year 5 residential visit to Robinwood*

*Friday 4th April - School closes for Easter break*

*Tuesday 22nd April - School opens*

*Monday 5th May - School closed for bank holiday*

*12,13,14,15th May - Year 6 SATS*

*Friday 16th May - SATs party Year 6*

*Monday 19th May - School photos class/leavers*

*Tuesday 20th May - Sports Day (EY/KS1/KS2)*

*Wednesday 21st May - New intake meeting*

*Thursday 22nd May - PTA Disco*

*Friday 23rd May - School closes for half term*

*Monday 9th June - School opens*

*w/c/ 9th June - Year 1 Phonics Screen and Year 4 MTC check*

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## Community noticeboard



NHS  
Providing NHS services

No appointment necessary

### Waiting for an appointment?

Did you know that your local Well Pharmacy can give you FREE confidential advice and treatments on the below conditions, without an appointment.

**Choose Pharmacy first**

- ◆ Urinary tract infection (UTI)\*
- ◆ Sore throat
- ◆ Sinusitis
- ◆ Earache
- ◆ Impetigo
- ◆ Shingles
- ◆ Infected insect bites

Subject to eligibility, suitability and availability of a trained pharmacist, and at the professional discretion of the pharmacist. \*UTI in women only.

**+well Pharmacy**



**cygnets**  
Presents

Join our fantastic cast for this magical family show with irresistible songs and story

Friday 11th April @ 7pm  
Saturday 12th April @ 1.30pm & 7pm  
Sunday 13th April @ 1.30pm  
The King's School, Macclesfield, SK10 4SP

[www.ticketsource.co.uk/cygnets](http://www.ticketsource.co.uk/cygnets)

Or Scan the QR Code

Visit [www.cygnets.org](http://www.cygnets.org)  
Or Call 07780 685498

Disney **THE LITTLE MERMAID**

CYGNETS is a not-for-profit Youth group developing confidence, communication and performing arts skills. We pride ourselves on bringing out the best in the young people we work with in a safe and nurturing environment.



### **Pre-school Manager**

The Hollies Pre-school, Poynton are looking for a manager to join our team.  
Approx 38 hours per week, working Monday – Friday, 52-week all year-round contract.

The Hollies is an OFSTED Outstanding pre-school, located in Poynton in the grounds of Lower Park School. We have an excellent team of pre-school practitioners, providing full pre-school, breakfast, and afterschool club services. In addition to this, we provide a holiday club for children from 2 - 11 years of age.

#### **Requirements**

- Minimum, Level 3 childcare qualification
- Minimum of Grade C GCSE or equivalent in English and Maths
- Senior leadership experience within an Early Years setting
  - Extensive knowledge of safeguarding
  - Working closely with the setting's SENDCo
- Strong understanding of Ofsted regulations and safeguarding practices
  - Good knowledge of EYFS
  - Motivated and able to engage with staff
- 5.6 weeks holiday per annum, including bank holidays
  - NEST pension

Salary dependant on qualifications and experience

If you have any queries about the role, please contact The Hollies' Manager, Debbie, via email ([debbie@thehollies.org](mailto:debbie@thehollies.org)) or call Debbie on 01625 850176.

Please note: We are committed to safer recruitment. Satisfactory references, evidence of the correct permission to work in the UK and an enhanced DBS disclosure will be required before the successful applicants could take up the posts.



**JUNIOR  
BAKE OFF**

**JOIN THE CLASS OF 2025!**

**JUNIOR BAKE OFF**

... IS LOOKING FOR BRILLIANT BAKERS, AGES  
9-15 FOR THE NEXT NEW AND EXCITING  
SERIES!

APPLICATIONS CLOSE  
SUNDAY 23RD MARCH

**APPLYFORJUNIORBAKEOFF.CO.UK**





**POYNTON**  
Sports Club



**STARTING FRIDAY**  
**10TH JANUARY 2025**  
**6-8.30pm**  
(Term Time Only)

# YOUTH CLUB

**MUSIC**  
**GAMES**  
**SPORTS**  
**TUCK SHOP**  
**NON STOP FUN**

6-13  
YEARS  
£2  
ENTRY

If you like sport why not  
have a go at our  
**MULTISPORT ACTIVITIES**

Starts at 6pm  
for 90 minutes



Please note entry (pay on the day) and tuck shop are cash only!  
A parent or guardian must be present throughout the session.

[www.poyntonsports.com](http://www.poyntonsports.com)

Poynton Sports Club • London Road North  
Poynton • Stockport • SK12 1AG

Club Manager - Jane Williams 07984 526 534



## Spring 2025 Newsletter

FACE delivers online support via zoom for parents across the UK  
Talks are 90 minutes long, £24 each - Book Online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)



Schools can now buy a  
**FACE School Annual Membership**  
which means **ALL parents** and **ALL staff**  
get unlimited **FREE access** to **ALL 16** parent talks

Thursday  
24th April  
19:00 - 20:00  
**FREE**



**Responding to Angry  
Behaviour**  
What can we do in the moment?

Tuesday  
18th March  
10:00 - 11:30  
£24



**Anxiety Explained**  
Anxiety, especially in our young is rising.  
This session explains what it is, why it  
happens and how you can help.

Tuesday  
3rd April  
10:00 - 11:30  
£24



**Supporting a Child with ADHD**  
Challenging the stereotypes and giving  
practical interventions. Clear explanation  
of the condition in all its forms and  
extremely useful advice.

Tuesday  
3rd April  
19:00 - 20:30  
£24



**Improving Family  
Communication**  
How to reduce the shouting and  
arguing and start the talking.

[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

[info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)



## Spring Timetable

all sessions delivered live online via zoom £24 each 90 minutes long  
book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

Anxiety Explained	18 MAR 7pm
What is ACT?	20 Mar 7pm
Understanding the Teenage Brain	24 MAR 10am
Supporting Healthy Sleep	24 MAR 7pm
Decreasing Depression	25 MAR 10am
Raising Self-Esteem	25 MAR 7pm
AUTISM: Improving Communication	2 APR 10am
Supporting a Child with ADHD	3 APR 10am
Improving Family Communication	3 APR 7pm
Supporting Healthy Screen Use	7 APR 10am
Facing Defiance	7 APR 7pm
Anxiety-Based School Avoidance	8 APR 10AM
Understanding Anger	8 APR 7pm
Anxiety Explained	14 APR 10am
Cannabis & Ketamine Awareness	14 APR 7pm



**Five Rivers.**  
*turning children's lives around*

If you are interested in a life-changing vocation and can provide a safe, loving home to a child in care, we'd love to hear from you.

**01527 834653**  
**0333 0603 962**  
**five-rivers.org**

Your local office: Unit 28 Basepoint Business Centre, Isidore Road, Bromsgrove, B60 3ET

Short term and long term fosters carers needed. Highly competitive fostering allowance of up to £26,000 a year, tax-free, 24/7 support and specialist training. Potential to combine with full or part-time work.

**Foster carers turn children's lives around - come and foster with us**

Supporting emotional health and wellbeing from 0-19+

Free online courses for all parents, carers, grandparents and teens

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses

Designed by clinical psychologists in partnership with practitioners and parents

www.inourplace.co.uk

Residents of CHESHIRE EAST



Use Access Code  
**WHEATSHEAF**

Cheshire East Family Hubs is excited to announce the official launch of its recent partnership with the Solihull Approach; trusted NHS provider of online courses focused on children's emotional health and wellbeing. Through this collaboration, Cheshire East Family Hubs funds a multi-user license, enabling all residents within the council's area to access a comprehensive range of online courses on [www.inourplace.co.uk](http://www.inourplace.co.uk) at no cost.

everybody SWIM

every lesson

IMMEDIATE START AVAILABLE

SWIM SAFE & STRONG

SCAN HERE

Includes **FREE** public swimming for children enrolled on direct debit lessons.

To enquire or book,  
email [support@everybody.freshdesk.com](mailto:support@everybody.freshdesk.com)

Official Partner of  
**Swim England**

# SWIMMING LESSONS AT EVERYBODY HEALTH & LEISURE



## 1. ADULT AND CHILD CLASSES

**Baby and Toddler Age under 3 years**  
Our Adult and Child classes allow parents to be in the water with their child to help gain confidence in the water.

## 2. DUCKLINGS AWARDS 1-4

**Age 3+**  
Ducklings 1 will see children start to move by themselves in the water. By Ducklings 4 they will be jumping in, going underwater, floating and travelling.

## 3. LEARN TO SWIM STAGES 1-7

**Age 4+**  
Stages 1-7 are divided into progressive stages. We base our programme around the Swim England framework.

## FURTHER SWIMMING PATHWAYS

Children can choose from a range of different pathways once they pass stage 7, such as stages 8, 9 and 10 or our rookie lifeguard programme.

**JUNIOR LESSON PRICES**  
Monthly Direct Debit - £34.99

**JUNIOR CONCESSION PRICES**  
Discounted swimming lessons are available through our Everybody Options scheme. Check your eligibility online or contacting us. £21.99 joining fee required

9 Swimming pools

- Swimming pool
- Gym/Fitness
- Athletics track
- Spa facilities

**ALPHA SWIM**  
Disability Swimming Lessons: Age 4-17  
Swimming lessons for young people with a disability or additional need. These lessons are a basic introduction to swimming to encourage children to have fun, be more relaxed in the water while learning basic water skills.



## FREE WILDCAT FOOTBALL

The perfect way for girls aged 5-11 to get involved with football, make new friends & have fun.

We offer a clear pathway through to playing for our teams on a Saturday





## Easter PERFORM Holiday Clubs Bradshaw Hall Primary School

Tuesday 15th, Wednesday 16th and Thursday 17th April

There will be different Disney themes each day including:  
Lion King, Moana, Aladdin, Descendants and much more!

**Open to all children aged 3 to 11 years**

Each day is a combination of singing, dancing and drama



**Cost:** £35 per day  
All childcare vouchers accepted

**Timings:** From 8am to 5pm

[www.rattleandrollperformance.com](http://www.rattleandrollperformance.com)  
or call 07722 014301





# Macclesfield Model Railway Exhibition

**05 – 06 April 2025**

Sat 10am – 5pm; Sun 10am – 4:30pm

## Tytherington School

Manchester Road, Macclesfield, SK10 2EE

Adults £10.00, Accompanied Children FREE (under 16)

[www.macclesfieldmrg.org.uk](http://www.macclesfieldmrg.org.uk)

See web site above for full details



All Major Cards Accepted

**Free Vintage Bus Service**



MACCLESFIELD FC COMMUNITY SPORTS TRUST  
9 DAYS OF EASTER  
HALF-TERM MULTI-SPORTS CAMP

@LIFESTYLE FITNESS, MACCLESFIELD COLLEGE,  
PARK LANE SK11 6LF

9 FULL DAYS OF FUN SPORTS & GAMES

MONDAY 7<sup>TH</sup> APRIL TILL THURSDAY 17<sup>TH</sup>  
NOT INCLUDING BANK HOLIDAYS

DROP AN EMAIL TO

[LEE.MFC-CST@OUTLOOK.COM](mailto:LEE.MFC-CST@OUTLOOK.COM)

OR

WHATSAPP 07889 404573 TO BOOK

£15 A DAY 9 TILL 4PM OR  
£125 FOR ALL 9 DAYS  
SAVING £10 PER CHILD

EARLIER DROP OFF FROM 8:30 FOR £2.50 EXTRA  
LATE PICK UP TILL 4:30 FOR £2.50 EXTRA ©

AGES 4 TO 12 (BOYS & GIRLS)  
3 YEAR OLDS WITH OLDER SIBLINGS ONLY





# WHAT IT'S REALLY LIKE LIVING WITH AUTISM

Delivered by Ben Simpson -  
Space4Autism

A talk delivered by Ben Simpson, an autistic adult, looking at his experiences from childhood up to adulthood.



Thursday 13th March  
6-7.30pm (Zoom)



Tuesday 8th April 7-9pm face to face at Space4autism

To book or for more information,  
please email  
[parenting@justdropin.co.uk](mailto:parenting@justdropin.co.uk)



SPORTS  
COACHING  
GROUP  
ENJOY  
IMPROVE  
ACHIEVE

**THE**

GREAT EGGS-PEDITION  
TO EASTER ISLAND...



**SAVE**



**TOMMY**

**FREE**

EASTER EGG  
FOR WINNERS



Easter holiday club and camp dates:

- April 7 - April 18

- ✓ #HAF available
- ✓ Childcare vouchers accepted
- ✓ Tax-free childcare

➔ TO BOOK GO TO [sportscoachinggroup.co.uk](http://sportscoachinggroup.co.uk)



## GREAT EGGS-PEDITION TO EASTER ISLAND...

Easter holiday club and camp dates:

- April 7 – April 18
- 8:45 am – 3:15 with wraparound available dependent on venue!

**BOOK HERE**



- ✓ Childcare vouchers accepted
- ✓ #HAF available soon
- ✓ Tax-free childcare



➔ TO BOOK GO TO [sportscoachinggroup.co.uk](https://sportscoachinggroup.co.uk)

FREE WEEKLY  
**FOOTBALL**  
SESSIONS

For ages  
**8-16**

**In a fun, safe and relaxed  
environment**

**WEDNESDAYS  
6PM - 7PM**

Barnaby Park  
Barnaby Road, Poynton  
SK12 1LR

Find out more by emailing:  
[communitytrust@stockportcounty.com](mailto:communitytrust@stockportcounty.com)



Community Trust

*with partners*



Dan Price  
Mayor & Councillor  
for Cheshire East



Cheshire East  
Council





# FREE

## DANCE SESSIONS

Every Friday evening 6.30-7.30pm at  
Poynton Civic Hall.

If you are aged between 8 and 15 years old  
come along and join in the fun.  
No need to book, just turn up!

For further information contact 01625 872238  
[reception@poyntontowncouncil.gov.uk](mailto:reception@poyntontowncouncil.gov.uk)

Follow Poynton Town Council's Facebook page for updates



# Dance yourself dizzy!

Poynton youth engagement provided by trained dance instructors in  
conjunction with Poynton Town Council and Cheshire East Council

# PERCUSSION HOLIDAY CLUB



BY **POYNTON DRUM SCHOOL**

Tuesday 15 April 2025



Explore a variety of percussion instruments, including a full drum kit, in this high energy day. Perfect for all skill levels.



- 09:00 - 15:00
- Ages 7-12
- £35 per child
- 10% discount for Poynton Drum School students



Middlewood House, Prince  
Road, Higher Poynton, SK12 1TW

**Sign up on our website**

[poyntondrumschool.com](http://poyntondrumschool.com)